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You may have just felt a sense of happiness and calm come over you. Maybe you are sending your little one off to school for the first time. Here are five tips from Max's friend Jenny Schaffer who teaches 5th Grade at Cascade Ridge Elementary in Sammamish, Washington.

FIVE TIPS FROM A 5TH GRADE TEACHER

One of the hardest things about Back to School is learning that your child's good friends aren't assigned to the same class. Help your child be open to making new friends. Learning to be flexible is a great life skill.

Don't over think or stress out about being fully prepared with every school supply on day one. You can get supplies the first week and be okay.

Follow the recommended supply list. The items picked by your teacher have been tried and tested and will last the longest. Some items may be more expensive but the quality is better. Teachers are sensitive to your budget and there is a good reason for each item chosen.

Teachers and parents are partners in the child's learning. If there's an issue or concern talk to your teacher about it in a respectful and constructive manner. Building a bridge of trust and cooperation will help achieve the best for your child, which is what you both want.

Always let your child do the homework and projects. You can help but don't step in too much and do it for your child. Allowing a child to learn through trial and error is what learning is all about. Everything doesn't have to be perfect, remember the goal is learning on their own as much as possible.

MOUTH INJURIES

MOUTH INJURIES ARE COMMON IN MOTORCYCLE AND BICYCLE ACCIDENTS

Being involved in a bike accident, whether it's a motorcycle or bicycle, may leave the victim with severe facial and mouth injuries, whether or not the rider was wearing a helmet.

Unfortunately, riders who sustain injuries to their face may also experience short-term or lasting damage to their mouths as well. The following provides a list of possible oral injuries, as well as what an injured party can do to recover compensation:

SOFT TISSUE MOUTH INJURIES

Soft tissue injuries in the mouth may be a result of:

- foreign objects entering the mouth and causing damage;
- teeth becoming lodged into the soft tissue: or
- the rider biting down on parts of tissue within.

The treatment required depends on the severity of the injury, although stitches are generally necessary to repair the wound.

BONE FRACTURES

Another unfortunate common type of oral injury sustained in bicycle accidents is bone fractures. Upon impact with the

ground, a rider may fracture his or her mandible, commonly referred to as the "jawbone"; a fractured mandible can cause significant pain and inconvenience, often requiring the jaw to be wired shut so that the injury can heal (during this time the injured rider may only be able to eat liquefied food through a straw).

BROKEN TEETH

Even if a rider's teeth do not come into direct contact with the ground or another surface, there is still a chance that they will be cracked or knocked loose in the event of an accident. Impact can indirectly shatter teeth, or loosen them in their position in the gums.

Furthermore, significant damage can occur if a rider's teeth are directly struck by another surface. This may lead to chipped or broken teeth, which through dental procedures, can be replaced with manufactured implants.

As mentioned before, an avulsed (knocked out) tooth may also become lodged into the interior of the cheek or other soft tissue within the mouth, in which case immediate medical

aid should be rendered to prevent from further complica-

DON'T FORGET TO MENTION MOUTH INJURIES IF YOU'RE INJURED IN AN ACCIDENT.

In the event of a motorcycle or bicycle accident, the first and most important step to take is to seek medical help immediately. Medical professionals can tend to mouth injuries and inform you of the proper course of rehabilitation.

If you have sustained mouth injuries in a motorcycle or bicycle accident because of someone else's negligence, contact us now, we can help!

For more information about dealing with accident injuries order one of our free books, Motorcycle Accident Secrets Unlocked or Bicycle Accident Secrets Unlocked on our website.

www.maxmeyerslaw.com

Thank You for Your Referrals!! .

Referrals from family, friends, and clients are the highest compliment we can receive. Thank you for entrusting your closest friends and loved ones to our office for help. This month, we want to recognize the following friends for their referrals:

CHARITY SPOTLIGHT

AUGUST EVENTS CALENDAR

Band of Brothers Northwest

This local charity prides itself on being first responders in many crisis situations. When the recent fires devastated eastern Washington, BOBNW raised funds for gift cards and goods donations to help the families devastated by the wildfires. This is just the most recent example of BOBNW's charitable work.



BOBNW has placed iPads in Children's Hospital so kids fighting cancer have another fun option to do while admitted for treatment. Annually they collect Toys for Tots and give away entire Thanksgiving Day meals to families in need during the Holidays season. They shipped a semi-truck full of water to Japan following the catastrophic tsunami. BOBNW also provides volunteers for local events like the Special Olympics. Check out Band of Brothers Northwest Facebook page for more details on their various charitable activities.

Max takes pride in talking about Band of Brothers Northwest and the good work they do. From time to time Max will provide a new charity with some pro bono help. He helped BOBNW get 501(c)(3) tax exempt status and currently serves on the Board. Max often helps new start up charities get organized and qualify for 501(c)(3) tax exempt status.

Giving back to the community is important and we at Max Meyers Law fully recommend and support Band of Brothers Northwest.

SEAFAIR WEEKEND Aug. 1-3

Genesse Park/Lake Washington

Enjoy the Hydro races, Blue Angels air show, food, music, and beer gardens. Seattle's premier summer event, a can't miss good time!

KIRKLAND SUMMERFEST Aug. 8 - 10

Marina Park (Kirkland)

www.kirklandsummerfest.com

Music, art, food vendors, Cardboard Boat Regatta, beer and wine garden.

Aug. 8 5 - 11 pm Aug. 9 11 am - 11 pm Aug. 10 11 am - 6 pm

EVERGREEN STATE FAIR Aug. 21 - Sept. 1

Evergreen State Fairgrounds (Monroe)

www.evergreenfair.org

Horse show, rodeo, 4H animals, exhibits, demonstrations, carnival rides, contests, vendors, concerts and food.

Aug. 21 - Sept. 1 10 am - 10 pm

Sept. 1 10 am - 7 pm

\$5 - \$10

VINTAGE MOTORCYCLE SHOW Aug. 23 - 24

LeMay - America's Car Museum (Tacoma)

www.lemaymuseum.org

Displays, seminars, swap meet and food vendors.

Aug. 23 8 am - 5 pm

Aug. 24 "Sunday Ride" 8 am

BUMBERSHOOT Aug 30 - Sept. 1

Seattle Center

www.bumbershoot.org

Music, dance, theater, film, literary art, visual art, comedy and kids' activities.

\$112 - \$500/three days, ages 10 and younger free.

WANT TO BE FEATURED ON OUR WEBSITE?



We greatly value the kind words from our clients and people we have worked with. If you would like to be featured on our website, we would LOVE to have you. You can do so in two ways.

VIDEO TESTIMONIAL

Come by our office and let us ask you some questions about your experience with us on camera. We will edit that video into something short and sweet, then put it on our YouTube, Facebook, and our main website, www.maxmeyerslaw.com. On top of that we will shower you with beverages, snacks, and free parking.

WRITTEN TESTIMONIAL

Fill out one of our client evaluation sheets (which we will send to you) and let us know how we did! We would love to hear your honest opinion and are always striving to do better. Then, we will type out and feature it in the "What Clients Say" section of our website.

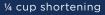
If you're interested in doing either of the two testimonials, please shoot us an email at info@maxmeyerslaw.com, comment on our Facebook or Google+ pages, or give us a call at 425-242-5595.



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DELICIOUS BLUEBERRY BUCKLE



½ cup sugar

1 egg

1 cup all-purpose flour

1½ teaspoons baking powder

½ teaspoon salt

½ cup milk

2 cups fresh or frozen blueberries

TOPPING

¼ cup butter

½ cup sugar

1/3 cup all-purpose flour

½ teaspoon ground cinnamon



DIRECTIONS

In a medium bowl, cream shortening and sugar. Beat in egg. Combine the flour, baking powder and salt; add alternately with milk to creamed mixture. Pour into an ungreased 8-in. square baking pan. Arrange blueberries on top.

In another bowl, cream butter and sugar. Combine flour and cinnamon; add gradually to the creamed mixture. Crumble over blueberries. Bake at 350 degrees for 45-50 minutes.