



MAX MEYERS LAW

# SPOKE & WHEEL



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## FREE INSTANT DOWNLOAD

Discover the secrets insurance companies don't want you to know.

Get Max's book **The Ultimate Guide to Bicycle Accident Cases in Washington: Bicycle Accident Secrets Unlocked.**

Go to our website [WashingtonBicycleBook.com](http://WashingtonBicycleBook.com) to get your free download now or call **425.276.7804** to have a copy mailed to you.

## DONATING BLOOD: A Way to Help During COVID-19

Have you been asking yourself how you can help during the COVID-19 pandemic? Here is something at the top of the list of things we can do to help... **DONATE BLOOD.**

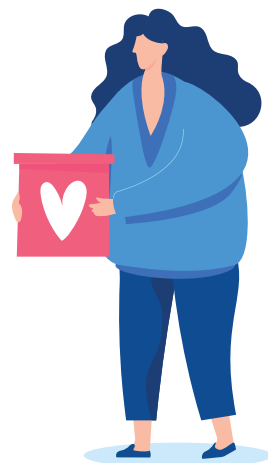
The Washington State Department of Health is encouraging all eligible donors to continue to give blood. There has been an increased number of canceled blood drives due to the concerns about COVID-19.

This has impacted the amount of blood available for those in need and creates a public health risk by putting our local blood supply in danger.



Donating blood is safe to do. There is no risk of contracting COVID-19 from the blood donation process. A normal donor screening process will evaluate your temperature, current health, and travel history. Please do NOT donate blood if you have done any of these in the last 28 days:

- Traveled to a country with a CDC Level 3 Travel Health Notice for a Coronavirus Disease 2019 (COVID-19) outbreak
- Lived with individuals diagnosed with or suspected of having COVID-19
- Been diagnosed with or suspected of having COVID-19



Donating blood helps save lives. All blood types are needed for trauma cases, cancer treatment and many other important medical care situations. The donation process only takes about an hour and the actual draw only takes about 10 minutes.

It is important for donors to schedule and keep appointments, as well as make future appointments to ensure blood stays available in our community as we get through this pandemic together.

You can find out more information about donating blood during this time from **Bloodworks Northwest** on their website at [www.bloodworksnw.org/coronavirus](http://www.bloodworksnw.org/coronavirus).

*We are in this together...  
Stay healthy and safe!* ♥♥

# IS THERE LIGHT AT END OF THE TUNNEL FOR THE COURT SYSTEM TOO?

Governor Inslee has laid out a 4 Phase reopening of the economy here in Washington. Does that mean the courts will return to normal soon and during which phase? That's the question all the lawyers I know are asking!

As of early May, all Washington courts had suspended any in person appearances at the courthouses. New cases could still be filed and processed, but on a delayed trial schedule. Trials have all been pushed out until July. That means there will be a huge backlog of cases to work through when jury trials can begin again.

In my prediction, allowing jury duty to resume will likely be in Phase 4, when large groups can gather again. There is no estimated date as to when that will be, it could be Fall or later. The bigger question is whether any jurors will show up when called once we resume?!

I for one am in a high-risk category because I have asthma. I don't feel comfortable being in larger crowds again until there is a vaccine, which likely won't be until sometime in 2021... hopefully. I suspect there will be a much higher rate of juror no shows, which will cause further delays because courtrooms will not have enough jurors for all the trials scheduled to start.

With that in mind, how will this affect your accident case should you have one in the court system? Delays are the easiest to predict. Accident case trials may be delayed for 12 months or more than usual. Smaller cases with a total value under \$100,000 can and are still being handled through the arbitration system in a timely manner. Arbitra-

tions now happen with appearances at depositions and hearings via video conferences. Many car accident cases fall into this category, so that is a positive!

Predicting what a jury will do in these times has become much harder. How will people's world views change as a result of going through this pandemic? Will people be more sympathetic to those faced with overcoming the challenges of serious injuries, or will they be less sympathetic, viewing accident injuries as trivial in comparison to the life and death crisis COVID-19 has presented.

I predict the use of trial consultants will increase as lawyers grapple with trying to predict how jurors will view cases in these changed times. We may also see jury trials happen via video conference, which would be a huge shift in how cases are currently handled.

We at Max Meyers Law are still fighting hard for our clients and accepting new clients who need help with accident claims during this time. Justice must still be pursued and is an absolute right of the people under our U.S Constitution.

We are here for you during these times! Stay safe and call us at **425-276-7804** with any questions you have about the courts or accident cases.

*All my best!*  
-Max



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Thank you for recommending us to your neighbors, friends, and family.

## Max Meyers Law VIP Program

**Become a VIP Member today!**

Take advantage of great benefits, such as Insurance Policy Review, Notary Service and great contests and giveaways!

Email Dawn at [dawn@maxmeyerslaw.com](mailto:dawn@maxmeyerslaw.com) or visit our website at [MaxMeyersLawVIP.com!](http://MaxMeyersLawVIP.com)



## HELP SUPPORT YOUR LOCAL RESTAURANTS



Many of our favorite local restaurants are really struggling during the Stay at Home order mandated by Governor Inslee.

Having to temporarily stay closed with take-out orders being the only option, restaurants have really felt the financial impact. Not to mention, some of the precautions that will likely be taken as restaurants reopen at 50% capacity will continue to have a huge impact to their bottom dollar.

**The MML team is asking for your help!**

Here are three things you can do TODAY to support your favorite restaurant during the COVID-19 outbreak:

### BUY GIFT CARDS

When you buy a gift card directly from the restaurant, you support their business now, and can prepare for a party or dinner gathering at a later date.



### ORDER TAKE-OUT OR DELIVERY

You can still order food from your favorite restaurants. Use the drive-thru or ask for your food to be delivered. If the restaurant provides their own delivery service, use that over a third party so the money stays in their workers pockets!



### TIP GENEROUSLY

If you are able to do it, please consider tipping generously on your food delivery orders. The employees will surely appreciate it during these challenging times.



Here are some of our favorite local restaurants:

Beardslee Public House  
[www.beardsleeph.com](http://www.beardsleeph.com)

Viva Jalisco Mexican Restaurant  
[www.vivajaliscoinbothell.com](http://www.vivajaliscoinbothell.com)

Amaro Bistro  
[www.amarorestaurant.com](http://www.amarorestaurant.com)

The Bine  
[www.thebinebothell.com](http://www.thebinebothell.com)





# SHOULD I SIGN A MEDICAL RELEASE?

Your medical records are likely to be key evidence in your accident case, so it is no surprise that the insurance company wants to see them. You can expect both your own insurer and the other driver's insurance company to ask for them soon after filing a claim. Before you share them, though, you should consider discussing your case with an attorney who is well-versed in Washington State personal injury claims. Signing a medical release form can hurt your case, so you must handle it carefully.

If you need help with a medical release or have other questions about your Washington accident claim, let the staff at Max Meyers Law PLLC go to work for you. Call us today at 425-276-7804 to schedule a time to discuss your case with Max.

## WHAT IS A MEDICAL RELEASE FORM?

There are federal and state laws in place to keep your medical records private, so the insurance company cannot simply call your doctor and ask for them. Instead, it must request that you make them available by signing a medical release.

It is important to note that this release will likely not specify which records the insurance company can access. Instead, this release is usually a standard form that grants the insurance company access to your full lifetime medical history and any associated documents in your file. While the insurer will eventually need access to your medical records related to treatment for any accident injuries, giving it access to all your entire lifetime of health history and other records is rarely a good idea.

## HOW COULD SIGNING A MEDICAL RELEASE HURT MY CASE?

Allowing the insurance company access to your complete health history will never increase the compensation available for your claim. The insurer's investigators will pore over your pre and post-accident medical files and look for any possible way to reduce your payout or deny your claim.



For example, a high school football injury suffered more than a decade ago might come back to haunt you if it affects the same body part as your recent car accident injury. One of the most common reasons that insurance companies deny claims after seeing medical records is because of "pre-existing injuries." Even if you fully recovered from those injuries years ago.

In some cases, not providing access to your medical records may also hurt your case. When it comes to your own insurance company, your policy is a contract between you and the insurer. You must uphold your end of the deal to get what it promises to pay out. The fine print of your policy may say you have to

offer access by a certain time or provide medical records for a specific number of years before the accident.

## HOW SHOULD I RESPOND TO A REQUEST FOR A SIGNED MEDICAL RELEASE?

The best way to handle a request for a medical release is to give us a call. Our staff has extensive experience with the insurance industry. We review each client's insurance policy to determine exactly what his/her obligations are and when. Once we have this information, we can ensure the insurance adjuster receives the records required while still protecting our client's right to privacy.

We can also help with requests from the at-fault party's insurer. There are a number of different methods we can use to limit the records available. Options include drafting a medical release that strictly limits the scope of access to the records. In a best-case scenario, this gives the insurer a short period of time to look at records that pertain to treatment of accident-related injuries only.

Our preferred method is to request the records ourselves. We then provide copies of any pertinent documents to the insurance company, along with any other evidence to support the claim. This allows us to control the insurance company's access directly.

This is one of the ways we fight for our clients to get them the compensation they deserve for their injury damages. Call **Max Meyers Law PLLC** today at **425-276-7804** to schedule a free, no obligation case evaluation.

## Shelly's RECIPE CORNER

# No Bake Banana Cream Pie

### Ingredients:

1 store-bought Graham cracker crust

1 (3.4 oz.) package banana cream instant pudding

1 cup whole milk

4 oz. cream cheese, room temperature

½ cup sweetened condensed milk

1 ½ cups frozen whipped topping, thawed, plus more for topping

2-3 large bananas, sliced

### Directions:

In a medium bowl, whisk together banana pudding mix and milk until combined and smooth. In a separate large bowl, beat cream cheese until fluffy, then mix in condensed milk.

Fold pudding into cream cheese mixture, then mix in frozen whipped topping until fully incorporated.

Take sliced bananas and place them in an even layer in pie crust, filling any spaces with smaller banana slices, if needed.

Top with filling and spread in an even layer, then top with frozen whipped topping or whipped cream. Place in refrigerator and let set. Slice and serve topped with bananas.



Recipe courtesy of 12tomatoes.com

This is a recipe that Dawn tried, and both her husband and boys love it! It is easy to make and is now a favorite dessert in the Husmoe household.

Have an amazing recipe you think MML Spoke & Wheel readers would love? Send it to us, we'll try it, and if we love it too you could see your recipe in the pages of a future newsletter.



MAX MEYERS LAW<sup>PLLC</sup>

Where Accident Victims Get Help



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This newsletter is intended to educate the general public about personal injury, insurance claims and small business issues. It is not intended as legal advice. Every case is different. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.



# JUNE EVENTS

The MML team has a bunch of local motorcycle events we are hoping to be at this year... but we are still seeing everything getting canceled due to COVID-19.

Please check our website at [www.maxmeyerslaw.com](http://www.maxmeyerslaw.com) and our Facebook page at [www.facebook.com/maxmeyerslaw/](https://www.facebook.com/maxmeyerslaw/) as we receive updates about local events over the next few months.



## Follow us on Facebook!

Check out our Facebook page for current news, including changes and updates Washington drivers should be aware of as a result of the COVID-19 pandemic.



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