



MAX MEYERS LAW  
**SPOKE  
 & WHEEL**



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Go to our website [www.WashingtonBicycle-Book.com](http://www.WashingtonBicycle-Book.com) to get your free download now or call **425.276.7804** to have a copy mailed to you.

**Look who got his first TAT!**

Remembering Harvey in a unique and special way.



As many of you know Shelly and I lost our beloved English Bulldog Harvey last July. I have found it surprising how much I have missed my little guy in the many months since his passing. As a way to memorialize his importance to me and move on a little I decided to get a tattoo of Harvey.

I have always had an interest in tattoos and many times planned to get one in the near future. As things go, the near future never became right now until a couple months ago.

This was my first tattoo and I think it came out AMAZING!! Harvey will now always be right there on my arm and in my heart.

In the weeks since getting the tattoo I have found I'm more at ease with losing Harvey and found myself thinking about adopting another furry friend. We'll see what happens but don't be surprised if the Meyers family has another four legged family member in the near future.

I can't recommend enough the super fantastic tattoo artist **Suzanna Fisher of Bellwether Tattoo in Seattle.** Suzanna specializes in photo real portraits of animals and people, as well as organic subject matter like flowers.

You can check out her work and make an inquiry on her website [www.bellwethertattoo.com](http://www.bellwethertattoo.com). Suzanna is booked out a bit but she is totally worth the wait!!





## Annual BEST OF KIRKLAND Contest

**EVERY YEAR** our local community paper, the Kirkland Reporter, runs a Best of Kirkland contest.

The contest lets consumers vote on local businesses who they believe are the best in the City of Kirkland. It's a fun contest that even gives you a chance at winning a prize just for submitting an entry. **The prize this year is a \$100 gift card, not bad for a couple clicks.**

**Last year Max Meyers Law was awarded second place in the People category for Lawyers. Who knows maybe we'll do better this year!!**

Take a few minutes and vote for your favorite Kirkland businesses. Most of the nominees are small businesses. Being recognized by the community really gives hard working small business owners and their employees a great pat on the back plus bragging rights for a year in the local community!!

Here's an easy web address that will take you directly to the contest page:

[www.BestOfKirklandContest.com](http://www.BestOfKirklandContest.com).

## Max Wins Prestigious Award



THE NATIONAL TRIAL LAWYERS has named **Max Meyers** as one of the **Top 100 Civil Plaintiff Trial Lawyers** in the State of Washington.

Membership in The National Trial Lawyers is by invitation only and is extended to attorneys who exemplify superior qualifications, trial results, and leadership in their respective State.

Congratulations to Max on winning the award, but really all we care about is helping accident victims find the help they need after a collision. **Changing someone's life means way more to us than a plaque or a badge.**

Nevertheless, a top Lawyer award is always nice to receive!

## Max Meyers Law Welcomes New Team Member



The Max Meyers Law family has a new team member.

Dawn Husmoe joined our team in March as our Marketing Assistant/Maven.

Dawn is the point person when anyone requests one of our Accident Secrets Unlocked books and MML's community outreach projects.

Dawn came to us from the life and health insurance industries. In fact, Shelly and Dawn worked together a few years back before Max opened MML.

At home Dawn has an amazing husband Brent, two adorable little boys JJ and Matthew, and a Golden Retriever Maggie. In her free time Dawn is a voracious nonfiction reader and loves great book recommendations. She enjoys cooking for her family and spending lazy days visiting family on Vashon Island where her husband grew up. Her guilty pleasure is binge watching Netflix shows and HGTV.

## Shelly's RECIPE CORNER

### Tamale Chicken Potpies

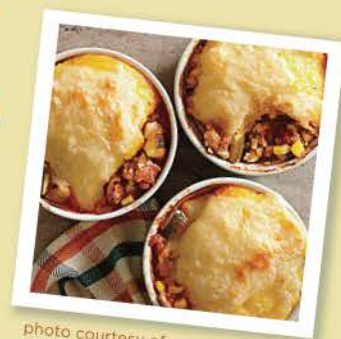


photo courtesy of myrecipes.com

#### INGREDIENTS

- 2 teaspoons canola oil
- 1 cup chopped onion
- 12 ounces ground chicken
- 1 tablespoon ground cumin
- 1/2 teaspoon chili powder
- 1/2 teaspoon salt, divided
- 1 cup chopped zucchini
- 3/4 cup fresh corn kernels
- 1 (10-ounce) can diced tomatoes and green chiles, undrained
- 1 (8-ounce) can unsalted tomato sauce
- Cooking spray
- 1/2 cup coarsely ground yellow cornmeal
- 1 1/2 cups water, divided
- 3 ounces Monterey Jack cheese, shredded and divided (about 3/4 cup)

#### DIRECTIONS

Preheat oven to 400°.

Heat a large skillet over medium-high heat. Add oil to pan; swirl to coat. Add onion; sauté 3 minutes. Add chicken; cook 3 minutes, stirring to crumble. Stir in cumin, chili powder, and 1/4 teaspoon salt; cook 1 minute. Add zucchini, corn, tomatoes, and tomato sauce; bring to a boil. Reduce heat; simmer 8 minutes, stirring occasionally. Divide chicken mixture evenly among 4 (10-ounce) ramekins coated with cooking spray. Place ramekins on a jelly-roll pan.

Place remaining 1/4 teaspoon salt, cornmeal, and 1/2 cup water in a medium bowl, stirring to combine. Bring remaining 1 cup water to a boil in a medium saucepan. Gradually add cornmeal mixture to pan; cook 3 minutes or until thickened, stirring frequently. Stir in 2 ounces cheese. Divide cornmeal mixture evenly among ramekins. Sprinkle evenly with remaining 1 ounce cheese. Bake at 400° for 15 minutes or until light golden brown.



# ZONK!



A great DICE GAME for your next dinner party or camping trip!

Shelly and I love to have dinner with friends and family. Having friends over and cooking for them in my opinion is one of the best ways to stay connected in this world of devices. After dinner we love to play a game of some kind, be it a board game, card game or dice game. One of our favorites is a dice game called Zonk. The game consists of rolling dice to earn points. You can play as individuals or as teams and since it only takes 6 dice you can play anywhere. Try it at your next dinner party or camping trip.

Here are the rules:

## 2-6 players

### Object of the Game:

To score points! The first player to reach 10k wins!

### Equipment

6 dice and a Scoresheet

### Beginning Play

Each player rolls one die. Highest roll goes first and play proceeds counter-clockwise. The first player rolls all six dice to start his turn. Certain number combinations are worth game points. (See Scoring Combinations). The player must play at least **one** scoring combination each time he rolls by setting the scoring die (or dice) to the side. He then picks up the remaining dice and rolls them. Again, at least one scoring combination must be played and set aside, and the remaining dice rolled. This sequence continues until the player can stop and keep his points for the turn, or zonks.

### Zonking

If, after any roll, no scoring combinations turn up, the player zonks and his turn ends. He scores no points for the turn, and a 'Z' is entered on the scoresheet

### Keeping Points

A player may stop his turn and keep all points accumulated during the roll if all of the following conditions are met:

1. The player has at least 300 points in this turn. (**Note: 500 points are required if it is the player's first score of the game—that is, a**

**500+ roll is needed to 'break the ice').**

2. The player currently has 4 or 5 scoring dice set aside.

If, at any time it is possible to play all the dice rolled (all 6 dice form scoring combinations), they must all be played immediately. The player keeps track of his points for the turn, then picks up all 6 dice and continues rolling. All points are added to the running total for this turn. This continues until the player Zonks or has exactly 4 or 5 scoring dice set aside and stops. If a player Zonks, he loses all points accumulated in the turn.

### Scoresheet

The scoresheet has all players listed horizontally at the top. A player's score is kept vertically beneath his name. If a player stops and scores points, they are added to the previous total and the **running total** is recorded beneath the last entry. If a player Zonks, a 'Z' is entered.

### Scoring Combinations

The following dice combinations are worth points:

1. A single one is worth **100 points**.
2. A single five is worth **50 points**.
3. Any **three-of-a-kind** rolled at once is worth **100x** the face value of a single die. (e.g., three 4's are worth 400, three two's are worth 200).
4. **Three fives** rolled together are worth **500 points**. (Note: Fives and ones may not be combined with previously played dice to form triples.)
5. **Three ones** rolled together are worth **1000 points**.
6. A **royale** (a 1-2-3-4-5-6 straight rolled all at once) is worth **1500 points**. (Note: since all 6 dice are scoring dice, the player must roll them all again and continue until he Zonks or stops.)

A player may refuse to play any scoring combination as long as he plays at least a one, five, or three-of-a-kind. For example, if a player rolls 1, 4, 4, 3, 4 4, he may keep the one (100 points), three of the 4's (400 points), or three fours and a one (500 points). The fourth 4 is of no scoring value.

### Strategy Hints

If you don't have a good roll, just keep a single one or five. This will increase your chance for a three-of-a-kind on the next roll.

If you have played 5 dice, rolling the last one gives you a 1-in-3 chance of getting a lot more points.

## Tips For Parents Whose TEEN is Starting To Drive



Seeing your teen get behind the wheel of a car for the first time can be a nerve-wracking experience. To help quell your fears and help your teen learn how to drive safely, here is a helpful list of tips.

### LEAD BY EXAMPLE

While it can be difficult—after all, you've been driving for years and have established driving habits — try to match your behavior to what the driving manual teaches your kid. Focus first on these basic skills that you may not think about anymore:

- **Go the speed limit and use your turn signal every time**
- **Keep your hands at ten and two**
- **Ignore distractions like a ringing phone (better yet turn it off!)**
- **Control road rage and exercising patience: let other cars merge**
- **Leave adequate following distance**

Because teens often learn directly from their parents, your behavior behind the wheel could have a great effect on theirs.

### SET SOME BOUNDARIES

If your teen just got his or her license, there's no doubt that he or she is pretty excited about this newfound freedom and driving ability. However, setting some boundaries as a parent of a new teen driver is critical to safety.

- Insist that the cell phone is stored away when behind the wheel: texting and driving facts show that 20 percent of teens admit to multi-message texting while driving
- Limit the amount of passengers allowed in the car
- Emphasize the importance of wearing a seatbelt
- Have a conversation about reasonable driving hours

### BE PATIENT AND POSITIVE

Learning to drive for the first time is a fun experience for most teens, but it can also be a stressful one too. What won't help is anxiety, tension, or negative energy from you over your teen's driving errors.

Instead, be patient with your teen and gently explain mistakes and how they could make improvements. Focusing on the positive aspects of their driving behavior is also important. Also, make sure that you and your teen are practicing in a safe place that isn't highly trafficked, such as an empty parking lot. Never take a teen to the open road before she or he is ready. Good luck!





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# May EVENTS CALENDAR

## **Bikes and Beer** May 1

Visit a few brew pubs on the flat ride of 15 or 35 miles called Seattle Bike-n-Brews beginning at Schooner Exact Brewing Company.

Visit [www.cascade.org/rides-major-rides/seattle-bike-n-brews](http://www.cascade.org/rides-major-rides/seattle-bike-n-brews).

## **Northwest Paddling Festival** May 6 - 7

Canoeists, kayakers, and paddle boarders unite at Lake Sammamish State Park for demos, tours, races, and exhibits.

Visit [www.northwestpaddlingfestival.com/](http://www.northwestpaddlingfestival.com/) for more details.

## **Bacon and Beer Classic** May 7

Adults will enjoy craft beer, bacon-inspired tastes from local restaurants, live music, and interactive games at Safeco Field.

Visit [www.baconandbeerclassic.com/#!seattle-2/cu17](http://www.baconandbeerclassic.com/#!seattle-2/cu17).

## **Mother's Day Half Marathon & 5K** May 8

Come join the run/walk on scenic routes in Kirkland.

For details and information visit [www.promotionevents.com/md/](http://www.promotionevents.com/md/).

## **Norwegian Day** May 17

Celebrate Norwegian Constitution Day in Ballard with a luncheon, kids' activities, and music; a 4 p.m. parade of marching bands, drill teams, and Norwegians in costume; and then a big-band dance.

Visit [www.17thofmay.org/](http://www.17thofmay.org/) for details.

## **Herb and Food Fair** May 21

Offers cooking demonstrations, nutritional experts, art for children, live music, and garden tours at Bastyr University in Kenmore. Free shuttle or pay for onsite parking.

Visit [www.bastyr.edu/civcrm/event/info?reset=1&id=1949](http://www.bastyr.edu/civcrm/event/info?reset=1&id=1949).

## **Pet Festival** May 21

Bring your leashed pet to Petpalooza for a morning dog fun run, noon pet parade, pet contests, pony rides, entertainment, and vendors at Game Farm Park in Auburn. Free.

For more information and details visit:

[www.auburnwa.gov/things\\_to\\_do/community/petpalooza\\_s\\_p205.htm](http://www.auburnwa.gov/things_to_do/community/petpalooza_s_p205.htm)