



MAX MEYERS LAW **SPOKE & WHEEL**



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BEST HAUNTED HOUSES IN PACIFIC NORTHWEST

Halloween is right around the corner. Shelly and I love Halloween so much we decorate more for Halloween than Christmas! There's nothing more fun than a Haunted House at Halloween. Here are our top picks!

GEORGETOWN MORGUE

THURSDAYS - SUNDAYS
September 22 - November 4

The Georgetown Morgue of Seattle is a facility for tragic stories of death. The morgue has a history of thousands of funeral preparations, cremations, and the processing of animal carcasses. The morgue holds what is considered to be the most horrifying unsolved crime in Seattle history. Nine of their staff were forced into the crematorium chamber. There were no surviving witnesses, nor were suspects ever identified. Go take a tour!
www.seattlehaunts.com

NIGHTMARE ON 9

FRIDAYS - SUNDAYS
October 1 - October 30

The Snohomish Slaughter & Rendering Plant was built in 1935 by the Thomas brothers, Sam and Dean. It was closed in 1975 when one of the brothers was tragically torn in half by one of the meat grinders. There is still speculation as to whether Sam tripped or was shoved to his gruesome death. What was left of his upper body was never found. Take a tour this Fall, if you dare.
www.thomasfamilyfarm.com

FRIGHTHOUSE STATION THE PIERCE COUNTY ASYLUM HAUNTED HOUSE

THURSDAYS - SUNDAYS
September 29 - November 4

The asylum and haunted house are a must-do for Halloween. Tacoma's Ultimate Haunted House in the dark underground where spirits walk, where light fades and hopes dwindle.
www.tacomahaunts.com

NILE NIGHTMARES

THURSDAYS - SUNDAYS
September 29 - October 31

Eight haunted attractions included for one price of admission. Located in Mountlake Terrace at Nile Golf Course on weekend evenings 7-11pm. There are eight different themed areas to get your scare on tilt.
www.nilenightmares.com



FREE INSTANT DOWNLOAD

Discover the secrets insurance companies don't want you to know.

Get Max's book **The Ultimate Guide to Car Accident Cases in Washington: Car Accident Secrets Unlocked**.

Go to our website www.WaCarAccident.com to get your free download now or call **425.276.7804** to have a copy mailed to you.

10 Safety Tips for Trick or Treating With Your Kids



- 1 Cross the street at corners, using traffic signals and crosswalks. Look left, right and left again when crossing and keep looking as you cross.
- 2 Put electronic devices down, keep heads up and walk, don't run, across the street.
- 3 Teach children to make eye contact with drivers before crossing in front of them.
- 4 Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.
- 5 Join kids under age 12 for trick-or-treating. If kids are mature enough to be out without supervision, tell them to stick to familiar areas that are well lit and trick-or-treat in groups.
- 6 Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.
- 7 Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision.
- 8 Have kids carry glow sticks or flashlights to help them see and be seen by drivers.
- 9 When selecting a costume, make sure it is the right size to prevent trips and falls.
- 10 When driving - slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways.

What people are saying about Max Meyers Law



"Max and his team were professional and responsive. They advocated for me throughout my motor vehicle personal injury case.

I highly recommend!"

- Judi Blake

Referrals from family, friends, and clients are the highest compliment we can receive. We thank you for trusting us with your closest friends and loved ones.

October 6 - 8 Crab & Seafood Festival

Dungeness Crab is the star here. Features food from 8 local restaurants, craft booths, live music and chili cook off on Sunday. Port Angeles, WA. Free.

Visit www.crabfestival.org for details.

October 7 - 8 Issaquah Salmon Days

Celebrate the annual return of salmon to the Issaquah Salmon Hatchery with an open house at the hatchery, a parade (Sat. 10 a.m.), arts and crafts, a food court, a salmon BBQ, a kids' obstacle course, performing dogs, and other entertainment. Free.

Visit www.issaquahchamber.com/salmondays for details.

October 14 Pumpkin Festival

Orting Pumpkin Fest has food vendors (all with at least one pumpkin item), family entertainment, kids' games, a car show, arts & crafts booths, and a noon pet parade at Central Park, Foothills Trail in Orting. Free.

Visit <https://maestross.lpages.co/ortingpumpkinfest> for details.

October 26 - 29 Tacoma Holiday Gift Show

41st Annual! A great way to get your holiday shopping off to a fast start. Over 465 vendors in the Tacoma Dome with many handmade and specialty items.

Visit www.holidaygiftshows.com for details.

October Events

What if I broke ribs in an Accident?

Broken ribs are most common in pedestrian, motorcycle and bicycle accidents. Sharing the road with large, motorized vehicles can be dangerous when drivers are unaware of bike or pedestrian laws, inattentive, or simply negligent.

One of the most common injuries for bikers and pedestrians is broken ribs—a painful and costly injury that frequently requires weeks or even months of recovery. Learn everything about this bike accident injury, from its symptoms to filing a claim for compensation.

WHAT CAUSES BROKEN RIBS?

Cyclists don't have the benefit of being surrounded by protection like a metal frame, a seat belt, or an airbag. But they do have the natural protection of their ribcage: 12 pairs of curving ribs that evolved on many mammals to protect the precious vital organs of the body, including the heart and lungs. This cage does a fantastic job of shielding us from considerable bodily harm, but extreme force compromises even the strongest bones. In fact, traffic accidents are the leading cause of broken ribs.

In bike accidents, ribs break from three different forms of impact:

- Thrust of the rib cage against the handlebars
- Colliding with a vehicle
- Shock of hitting the ground

Ribs don't simply break in two. The way these bones fracture varies depending on the force

and angle of the impact or injury, resulting in:

- **Simple fracture** - when ribs crack but don't completely break
- **Comminuted fracture** - which causes bones to shatter into multiple pieces
- **Displacement** - when the bones no longer align properly
- **Hairline stress fractures** - which aren't always obvious but cause considerable pain
- **Flail chest** - a life-threatening condition that causes a portion of the rib cage to separate from the chest wall



SYMPTOMS OF BROKEN RIBS

The primary symptom of fractured ribs is sharp, immediate pain in the area. Individuals who suffer these injuries are also unable to take deep breaths without acute pain. Broken ribs can also cause swelling and bruising in the damaged area.

TREATMENT FOR BROKEN RIBS

The type of rib fracture and its severity greatly

influences the treatment approach and the time it takes to heal. During your medical exam, a physician uses X-rays, CT scans, or MRIs to determine the nature of your condition and the damage to your rib cage.

Simple rib fractures often heal over the course of six weeks. A health care provider often recommends plenty of rest and avoiding strenuous activities, including lifting heavy objects. Many individuals are outfitted with a brace, wrap, or belt to support their rib cage and help limit movement and might wear this device for several weeks during recovery.

Some people require medication to ease the pain of breathing. Patients with broken ribs might also need physical therapy to learn to breathe deeply and normally after their accident.

COMPLICATIONS OF BROKEN RIBS

Broken ribs — especially multiple fractures — cause patients to breathe shallowly, sometimes for days or weeks at a time. This increases the chances of pneumonia, an infection of the lungs that can be dangerous or even deadly.

If a biker or pedestrian suffers severe blunt force trauma to the chest after being struck by a vehicle, it's possible fractured ribs could puncture organs. More complex fractures, such as flail chest or displaced fractures, may require additional medical interventions, including surgery to realign and stabilize the ribs.

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Shelly's RECIPE CORNER

Pumpkin Pie Martini

THIS COCKTAIL IS PERFECT FOR GOING INTO FALL AND THANKSGIVING NEXT MONTH.

Ingredients:

- 2 ½ oz. vanilla vodka
- 1 ½ oz. rum
- ¼ cup pumpkin puree
- 3 tbsp. maple syrup
- ¼ cup half and half
- ¼ tsp. pumpkin pie spice
- ¼ cup whipped cream

Directions:

For the Frozen Whipped Cream Topping: Line a small sheet tray with parchment or waxed paper. Make 2 dollops of whipped cream and place in the freezer for 30 minutes.

For the Pumpkin Pie Martini: In a cocktail shaker, combine the vodka, rum, pumpkin puree, maple syrup, half and half, pumpkin pie spice, salt and ice cubes. Cover and shake vigorously for about 20 seconds. Strain into the 2 martini glasses. Top each glass with with one piece of frozen whipped cream. Sprinkle additional pumpkin pie spice and serve immediately.



Photo and recipe compliments of thepioneerwoman.com



MAX MEYERS LAW^{PLLC}

Where Accident Victims Get Help



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What if I broke ribs in an Accident?

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HOW CAN WE HELP YOU AFTER A BROKEN RIB INJURY

Unfortunately, the diagnosis and treatment of broken ribs can be costly, and the healing time that broken ribs require can mean days, weeks, or months of lost wages as you slowly coalesce in bed while on pain medication. The pain is high for rib fractures, which translates to a higher case value. Additionally, bikers and pedestrians often experience other issues due to the blunt force trauma of a collision, such as soft tissue damage, traumatic brain injuries, and spinal cord injuries.

If you're in an accident that was not your fault, and you suffered rib fractures or other injuries please give us a call at **425-276-7105**. We are happy to help!



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