

# MAX MEYERS LAW SPOKE & WHEEL

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# International WALK TO SCHOOL DAY

**OCTOBER 5, 2016** IS INTERNATIONAL WALK TO SCHOOL DAY.



The Event Is The Perfect Time To Celebrate The Act Of Walking, Alternative Methods Of Commuting, As Well As Pedestrian And Child Safety.

# WHAT IS INTERNATIONAL WALK TO SCHOOL DAY?

International Walk to School Day is an event that is celebrated by people in more than 40 countries all over the world. The event began in 1997. Since that time, hundreds more have joined in the opportunity to celebrate safe routes for children to get to school.

Anyone who wants to participate in International Walk to School Day can. In fact, your school may already be registered! You can check to see who's planning on walking here:

www.walkbiketoschool.org/ready/about-theevents/walk-to-school-day.

### SAFETY DURING THE EVENT

During a walk-to-school event of any type, safety should be the primary concern of orga-



nizers, administrators, and parents.

If you are participating in International Walk to School Day this October, make sure you review the following safety tips.

- Choose sidewalks or walking paths when possible
- Cross at crosswalks
- Travel in groups to improve visibility
- Plan a route in advance
- Wear bright colors so drivers can see you
- Wear weather-appropriate clothing
- Make sure children are wearing helmets if biking
- Walk, don't run
- Practice stopping, looking, and listening for traffic

The more people you get involved, the better! Just make sure that everyone is aware of the rules for staying safe.

### REGISTER YOUR EVENT

Safe walking isn't just important on October 5; it's fundamental for the protection of everyone year-round. If you want to create your walk-to-school event, you are highly encouraged to do so.

Register your event with **iWalktoSchool.org** to promote it. You can also talk with your child's school and your community for tips on how to promote your walking event and get more

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people involved.

# LEARN MORE ABOUT PEDESTRIAN SAFETY

You can learn more about safe walking and biking practices by checking out our blog. And remember, if you'll be driving on the day of the event, practicing safe driving techniques is also incredibly important.

When unsafe actions lead to a pedestrian or bike accident, a victim may have the right to file a claim against the at-fault party.

At Max Meyers Law PLLC, you can sit down and discuss your case at no initial cost. To learn more about legal representation, and your rights following an accident, contact us at 425-276-7804.

# Shelly's Top 10 Movies to Watch on Halloween

by Shelly Meyers

**Every year the thing I look most forward to in October is the "31 Days of Halloween" on the Syfy channel.** Max has his Tour De France in July, I have my horror movie marathons in October. I love the old classic scary horror movie, especially the ones made back in the 70's, 80's and early 90's. There's nothing better than watching an old horror movie while you are carving your pumpkin or enjoying a feast of Halloween candy. Most of us have our favorite Halloween movies we like to watch, but here are 10 of my favorite Halloween movies of all time:

- 1 · john carpenter·s halloween ·1978·
- 2 · friday the 13th ·1980 ·
- 3 nightmare en elm street .1984.
- 4 · salem·s let ·1979 ·
- 🗲 from dusk till dawn •1996 •
- 6 · evil dead ·1981.
- 7 · peltergeist ·1982·
- 8 · carrie ·1976 ·
- 9 · fright night ·1985 ·
- 10 · amityville herrer ·1979 ·



# Geocaching

by Dawn Husmoe



Are you looking for a new outdoor activity to try? I came across an interesting article in the Costco Connection magazine about something called "Geocaching." I had never heard of this before, so I read on. I was intrigued to learn that Geocaching is an outdoor activity where participants use a GPS (Global Positioning System) receiver or a mobile device and other navigational techniques to

hide and locate containers, called "geocaches" or "caches" all over the world.

What is a cache? Common types of caches are small waterproof containers, Tupperware storage containers and ammunition boxes. Typically, you will find a logbook with a pen where the geocacher enters the date they found the cache and sign it with an established code name. After you sign the log, you must put the cache back in exactly the same place you found it.

Geocachers can record the cache's coordinates on a listing site, so that other geocachers can set out to find the cache using the coordinates recorded. It is common for geocachers to take an object from the cache, as long as they leave something similar in value (you cannot take the logbook or pen). You will find a range of items in these caches, including coins, pins, toys, books, CDs, and disposable cameras for people to take photos with.

Geocaching is a popular and fast-growing outdoor activity, particularly in the Pacific Northwest. It is fun for people of all ages and abilities...including families with young children (you know I am always looking for ways to get my boys outside for some exercise)! You can find out more about geocaching in Washington state by checking out the following sites:

www.geocaching.com/local/default.aspx?state\_id=48 www.facebook.com/wsga.org/

# Trick-Or-Treat SAFETY

It's almost time to dress up like princesses, ninjas and scary ghouls, in the pursuit of all that free candy! While Halloween is one of our favorite holidays, it can also be a pretty dangerous one for kids!

# HERE ARE 4 TIPS FOR HALLOWEEN SAFETY FROM MAX MEYERS LAW!



Make sure your child knows not to eat any candy before you get a chance to look at it! It's always better to be safe than sorry. Whether it's an allergy concern or something more sinister, it's always a good idea to go through your child's candy before he or she gorges on their spoils!



Beware of cars! Try to wear something reflective while you and your kids are out in the dark! While drivers should absolutely be on the lookout for people in the street, try to help them so the risk of getting hurt is much lower. Use sidewalks and crosswalks as much as possible.



Agree on a time for you kids to be home. Having this kind of "curfew" is important if your older kids are trick-or-treating by themselves. While everyone has a cell phone these days, it's best to error on the side of safety



Flashlights! Flashlights will help you and your children see and avoid things hidden in the dark. Don't step in something sticky or stinky!

Have fun, but remember to stay safe!



# Shelly's RECIPE CORNER

# Sweet n' Tangy **Crockpot Meatball Sliders**

### **Ingredients:**

1 bag of frozen, fully cooked meatballs 1 jar Smucker's Concord Grape Jelly (18oz.) 1 bottle of Heinz Chili Sauce (12 oz.)

Slider Buns or Rolls (my favorite are King's Hawaiian Original Sweet Rolls)

Slices of cheese (Cheddar, Monterey Jack, Swiss)



Combine Grape Jelly and Chili Sauce in a bowl, then stir. Add frozen meatballs to crockpot and cover with sauce mixture. Heat on HIGH for 3 hours, stirring occasionally. Let simmer on low. Transfer meatball to a slider bun, then top with your favorite type of cheese!



# October EVENTS CALENDAR

### Brew at the Zoo oct 6

Features beer from 30 breweries, food, music, and animal encounters in the Rain Forest Food Pavilion and Zoomazium at Woodland Park Zoo for age 21+.

For details visit www.zoo.org/brew#.V401II-cGUk.

### Geek Girl Connections ост 8-9

GeekGirlCon creates a community for women in science, technology, arts and literature, comics, and game design at the conference center near the Washington State Convention Center in Seattle.

Visit http://geekgirlcon.com/ for details.

# Zombie Run ост 15

Dodge zombies who grab your flag at the Freaky, 5K Zombie Run at Federal Way Community Center. Call 253-835-6900 to register.

Visit www.facebook.com/events/746189998860414/ for details.

# Seattle Reptile Show oct 15-16

See frogs, snakes, geckos, and other exotic creatures at the Seattle Reptile Expo at Puyallup Fairgrounds.

Details can be found at www.beanfarm.com/nwcbe/.

### Sherlock Holmes Weekend OCT 21-23

Celebrate the world-famous detective with artists, writers, curators, and performers at the Sherlock Seattle Convention at Broadway Performance Hall.

Visit www.sherlock-seattle.org/ for more details.

### Thriller Dance ост 29

Attend a rehearsal to learn Michael Jackson's moves, and then dance "Thriller" (ghoulish costume optional) at Thrill the World Seattle at Occidental Square Park in Pioneer Square. Free.

More details can be found at www.meetup.com/seattlethrillers/.

# THANK YOU for your referrals!

Referrals from family, friends, and clients are the highest compliment we can receive. We thank you for trusting us with your closest friends and loved ones. We want to recognize the following friends for their referrals:

- RuthAnn Keith
- Traci Pranzini
- Tiger Budbill

If you know anyone involved in a car, motorcycle, pedestrian or any other vehicle related accident caused by someone else's fault, please pass our name and phone number along. We welcome all referrals from readers of Max Meyers Law Spoke & Wheel.





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Thank you for visiting!

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# Thank You!

A big **THANK YOU** to all of you who came out to see us at the Annual Oyster Run in Anacortes!











