



MAX MEYERS LAW **SPOKE & WHEEL**



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Summer is Here Watch Out for Bikes, Motorcycles, and Pedestrians

It always happens when we get warm sunny weather, lots of people hit the road on motorcycles and bicycles. Plus, there tends to be more outdoor pedestrians in the summer months. These folks are vulnerable to serious injuries when vehicles are involved.



So, pay special attention to your driving during these summer months. If you ride anything with two wheels make sure you have lots of uninsured motorist coverage on your auto insurance policy. Enjoy your summer!

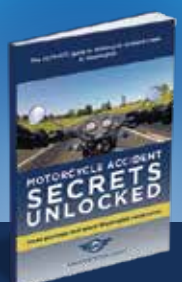


GARDENING TIP TOMATO PLANTS

If you're like me, you plant tomatoes every year in your garden. Nothing better than an off the vine sweet and delicious tomato.

Here's a great tip I learned this year:

When you see those little yellow flowers on the plant, tap the stem near the flowers a few times resulting in shaking of the plant. Why? Tomato plants are self-pollinating, so when you shake the stem, the flowers that are on it pollinate the plant and you should get more tomatoes as a result.



FREE INSTANT DOWNLOAD

Discover the secrets insurance companies don't want you to know.

Get Max's book **The Ultimate Guide to Motorcycle Accident Cases in Washington: Motorcycle Accident Secrets Unlocked.**

Go to our website www.WashingtonMotorcycle-Book.com to get your free download now or call **425.276.7804** to have a copy mailed to you.

What Clients are Saying about the MML Team...

"Max is the best! He is extremely professional, knowledgeable, and attentive. Max was always available to answer my questions and provided invaluable guidance. He has a great team—Shelly and Richard are both amazing people, so kind and helpful. Hands down, I would recommend Max! He is a man of integrity!"

- Nikki W.

"I don't even have enough words on how helpful Max and his team was during this process. My family and I were on the freeway and somebody decided not to yield and cut out in front of us as we are doing 60 miles an hour. Our car was totaled and out of three of us I was the one that had to be ambulance to the emergency room. Some of my family found out and then I was referred to him by a family member and I couldn't be more pleased.

I won't lie I was a little nervous in using an attorney as this was my first time and I wasn't sure what to expect. It was an easy process as I started with a free consultation over the phone to one of his teammates. I explained my accident and by the end of the call I had my confirmation that they would accept me.

The process was extremely easy as everything either went through email or personal mail. They took so much worry off of my mind as I and my family member was recovering during this terrible car accident. His staff was extremely patient with me as when they did their monthly updates on how my recovery was doing and at times I broke down. They all truly seem to care and was invested in how me and my family were doing and that made me feel extremely comfortable. I never felt pressured or rushed during any of this process.

At any point if I had a question I knew I could call or email and somebody would either respond that day or definitely by the next day. In the end I feel Max definitely fought for me and what was right and now I refer him and his team to anybody that might need lawyer."

- Jennifer M.



July Events

July 10 - 14 Sandsations

See incredible sand sculptures built by competing teams at the Pacific Ocean during Sandsations at Bolstad Beach Approach, Bolstad Ave. W in Long Beach. Awards ceremony is on Saturday. Visit www.facebook.com/longbeachsandsations for details.

July 12 - 13 Redmond Derby Days

Family event has craft vendors, carnival rides, a beer/wine garden, entertainment, bike races at Marymoor (evenings), a pancake breakfast (Sat.), a kids' parade (Sat. 10 a.m.), a grand parade (Sat. 11 a.m.), and a lighted drone show (Sat. 10 p.m.) at Redmond City Hall Campus, 15670 NE 85th St. in Redmond. Additional vendors at Redmond Town Center. Visit www.redmond.gov/1138/Derby-Days for details.

July 19 - 21 Lavender Festival

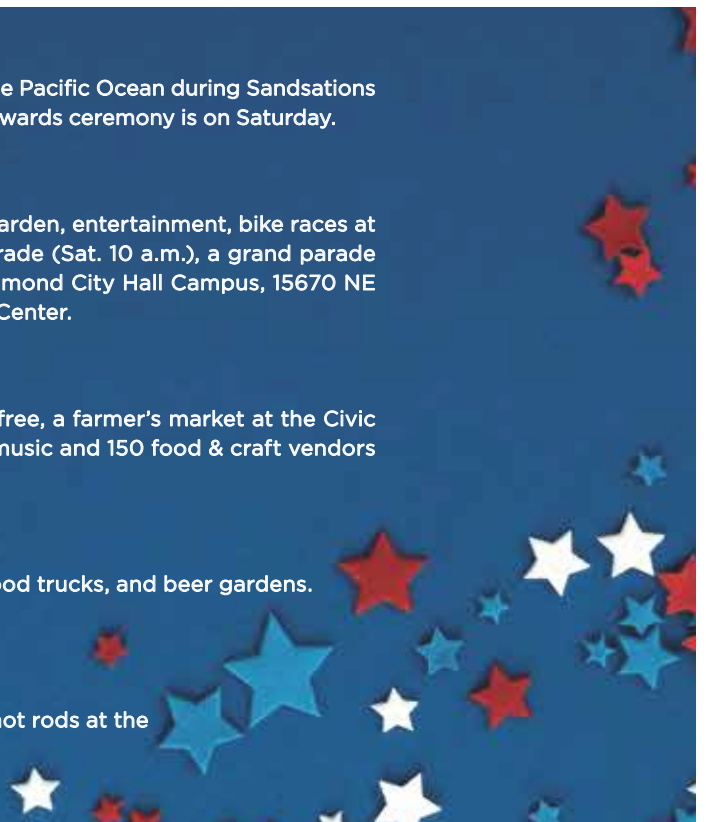
Sequim Lavender Festival offers farm visits that are mostly free, a farmer's market at the Civic Center, a dance (7 p.m. Sat.), and a free street fair with live music and 150 food & craft vendors at Carrie Blake Park, 202 N Blake Ave. in Sequim. Visit www.lavenderfestival.com for details.

July 19 - 21 Capitol Hill Block Party

Three-day music festival with 80 bands, DJs, craft booths, food trucks, and beer gardens. Enter at 12th Ave. & E Pike St. Visit www.capitolhillblockparty.com for details.

July 26 - 28 Pacific Northwest Nationals Car Show

See 2,500 custom, classic, and muscle cars and trucks plus hot rods at the Washington State Fair Events Center in Puyallup. Visit www.good-guys.com/pnwn-spectator for details.



How Our Washington Personal Injury Legal Team Can Help Your Road to Recovery After Suffering Hip and Pelvis Injuries

Hip and pelvic injuries are serious consequences of a collision that can change the course of your life. The debilitating pain and lengthy recovery are just one part of the equation. If you were hurt in a car accident due to someone else's negligence, you deserve to pursue a personal injury settlement that aptly covers your economic and non-economic damages.

CAR ACCIDENT HIP AND PELVIS INJURIES CAN ROB YOU OF VITAL FUNCTIONS

Your hips provide crucial balance and support for your upper body, bearing up to two-thirds of your body weight. As ball-and-socket joints, they're also essential for lower body movement so you can extend, flex, and rotate your legs. Your pelvis is the connection point for the axial (upper body) and appendicular (lower body) skeletons, and some of the largest muscle groups are joined to it.

Crash force impact in a car accident is severe, no matter the speed. The Montana Department of Transportation indicates that "At just 30 mph, a person not wearing a seat belt in a crash has the same experience as falling from a 3-story building or getting rammed by a 3.5-ton elephant." Your pelvis and hips often absorb the brunt of this force in an accident, resulting in the following serious injuries:

- **Fractures.** Any break in the bone at or near the hip joint and pelvis complicates your ability to walk and leads to other significant medical issues, such as blood clots and an

inability to stand. Older adults who have lost some of their bone density are even more susceptible to fractures and long-term mobility issues.

- **Labral tears.** You may suffer an injury to the cartilage, or labrum, which holds the ball and socket joint together. A labral tear can cause a reduced range of motion or the inability of the hip to support the rest of your body. A severe labral tear may require surgery to repair.



- **Nerve damage.** Hip and pelvis injuries might also result in neuropathy or severe nerve damage. This disease often causes nerve malfunction and eventual disintegration, affecting your balance and ability to walk.

- **Organ damage.** Pelvis fractures and other complications can compromise the function of adjacent organs such as the bladder, genitals, intestines, and kidneys.

- **Dislocation.** In the hip, the femur—a long leg bone with a rounded tip—is the "ball", and the acetabulum bone structure is the "socket". Crash force can push the femur out of the socket. A physician might be able to reposition the femur while you're under anesthesia, but if the dislocation has caused serious soft tissue injuries, you may need surgery.

- **Arthritis.** Car accident hip and pelvis injury trauma damages bone structure, which then deteriorates more quickly, speeding up the onset of osteoarthritis. Severe arthritis may eventually necessitate a total hip replacement. In the meantime, your daily life functions and mobility are considerably impaired.

MAX MEYERS LAW CAN HELP YOU PURSUE COMPENSATION FOR YOUR CAR CRASH HIP AND PELVIC INJURIES

The confusing aftermath of a vehicle accident makes it challenging to know what to do and when. Always remember to prioritize your health if you're injured. Troubling hip and pelvic injuries rarely heal on their own. Even if you don't require surgery, you need immediate medical care, dedicated follow-up treatment, a medication regimen, and possibly lengthy physical rehabilitation. There's also the potential for mental and emotional pain and suffering.

Experiencing all this because of another motorist's negligence is unfair, but it doesn't

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Shelly's RECIPE CORNER

STRAWBERRY DUMP CAKE

Strawberry Season is here. Love delicious strawberry treats like this cake!

Ingredients:

- cooking spray
- 1 cup butter, melted
- 1 pound fresh strawberries, diced
- 1 (21 ounce) can strawberry pie filling
- 2 teaspoons sugar
- 1 (8 ounce) package cream cheese, softened
- 1 (15.25 ounce) package white cake mix

Directions:

Step 1: Preheat the oven to 350 degrees F. Spray a 9x13-inch dish with nonstick cooking spray. Set aside.

Step 2: Sprinkle strawberries with sugar; set aside until strawberries release their juices, about 10 minutes.

Step 3: Meanwhile, in a large bowl, whip cream cheese until light and fluffy. Add strawberries to whipped

cream cheese and mix until well combined.

Step 4: Pour pie filling into the greased baking dish. Pour strawberry-cream cheese mixture on top. Evenly distribute crumble over pie filling.

Step 5: Bake in the preheated oven for 30 minutes. Remove from oven and cool on a wire rack.





MAX MEYERS LAW^{PLLC}

Where Accident Victims Get Help



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This newsletter is intended to educate the general public about personal injury, insurance claims and small business issues. It is not intended as legal advice. Every case is different. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.

How Our Washington Personal Injury Legal Team Can Help Your Road to Recovery After Suffering Hip and Pelvis Injuries

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have to be unjust. If evidence proves someone else was to blame for your injuries, you're legally entitled to proper financial compensation. However, you must first file a claim and deal with a skeptical insurance adjuster, and an insurer focused on minimizing any type of payout.

Since 1998, personal injury attorney Max Meyers and his team have served as the voice of the individuals in Washington State harmed physically or mentally by another person or entity's wrongdoing. We fight for the rights of people just like you, helping them recover restitution that enables a better physical, emotional, and financial recovery.

Economic and non-economic damages from

a hip or pelvic injury can be considerable, especially when they affect your quality of life, reduce your ability to work, and compromise your mobility. Max Meyers Law can assist you by figuring out the value of your claim and advocating for you to get every dollar you deserve. The insurance company might resist, but we have a track record of going to bat for our clients every step of the way.

The damages you can receive in a personal injury claim depend on your individual circumstances and the losses and expenses you incurred. But our team evaluates:

- All medical expenses
- Lost wages (or a reduction in your earnings capacity)

- Pain and suffering
- Embarrassment and humiliation
- Loss of enjoyment of life
- Scarring and disfigurement
- Anxiety and depression
- Property damage

We also work diligently to investigate your case, gather critical information, and preserve valuable evidence to build a solid case—all within the critical timeline of Washington State's personal injury statute of limitations, which is three years.

Give us a call at **425.276.7804** for a free consultation.



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