



MAX MEYERS LAW **SPOKE & WHEEL**



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CANCER HITS HOME FOR THE MML FAMILY



by Max Meyers

Nothing like starting the New Year with a cancer scare, but that's what I got in 2018. This story may be a little TMI but it's for your own good.

It all started with a rash that wouldn't go away with over the counter moisturizer. So after much prompting by my beautiful bride Shelly, I made an appointment with a dermatologist for the first time in my life. I'm a typical man and going to the doctor is not high on the list of things I enjoy.

When I finally got into the dermatologist, he had the meds to lay waste to that pesky rash. I was like booya, I'm cool. Then on the follow up visit, as we were wrapping up the visit I said to the doc "I've got this little pesky dry patch about the size of a pea that won't go away, and has turned pink now." Doc takes a look and says "I'm not positive it's anything, but let me take a biopsy of it to see." A little slice of a razor and the little dry patch is gone.

Fast forward a week and I get a call from the doc. Long story short, it's skin cancer, Melanoma. Mind instantly says WTF!! Those of you who know me well know that in times of stress I tend to cuss like a sailor. Not gonna lie that's some scary shit to hear when you're the patient!! Luckily, the removal of a bit larger piece of skin in the area of the dry patch took care of it. Now I get to see the dermatologist every 3 months for the next year or two.

As a 48 year-old man who has never been a sun worshipper, a skin cancer diagnosis was a shock. I am fair skinned due to my northern European heritage. I have always been prone to burn more than tan. So as a kid and young adult I did get my share of sun burns, and at least a handful of those were bad enough to blister. Sunscreen was never a priority back then. Sins of my youth have come back to haunt me! According to my doctor those sunburns of my youth have now manifested over the years as skin cancer.

Ways to remedy? Sunblock or sunscreen on a daily basis for me. The moral of the story is to



DO NOT BURN

Sunburns can cause long-lasting damage to the skin.

COVER UP

with clothing, including a broad-brimmed hat and UV-blocking sunglasses.



SEEK THE SHADE

especially between 10am and 4pm, when the sun is at it's hottest.

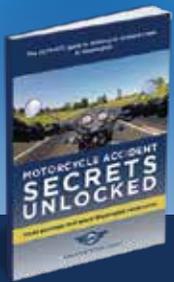
USE SUNSCREEN

Use a broad spectrum (UVA/UVB) sunscreen with an SPF of 15 or higher every day.



make sure you cover your kids in sunscreen and don't forget yourself. A little effort now can save a lot of worry for you and your family down the road.

If you're dealing with a recent skin cancer diagnosis and need to talk to someone who has been through it, please reach out to me. I had someone like that who could help with my questions (Thanks, Marco!), and it really eased my mind as I dealt with the diagnosis and treatment.



FREE INSTANT DOWNLOAD

Discover the secrets insurance companies don't want you to know.

Get Max's book **The Ultimate Guide to Motorcycle Accident Cases in Washington: Motorcycle Accident Secrets Unlocked.**

Go to our website www.WashingtonMotorcycle-Book.com to get your free download now or call **425.276.7804** to have a copy mailed to you.



PEOPLE ARE RAVING...

about the new Max Meyers Law VIP program!
Find out more at MaxMeyersLawVIP.com

TOP 10 TIPS for Having a Successful Garage Sale

by Dawn Husmoe

I find that Spring is always the time I get motivated to go through my house and get rid of a bunch of stuff we no longer need or use.

“Out with the old and in with the new” I say! Are you like me and end up with a huge pile of stuff that you have no idea how to get rid of? If this sounds like you... consider having a garage sale! It is a great way to get rid of lightly used items, old toys, books, etc. And, it is also a great way to make a little extra money while you are at it. In preparation, I decided to do a little research and found these **Top 10 Tips for Having a Successful Garage Sale** to help me get started:

1 - Gather your items: Start with one room at a time. Sort things into three piles - sell, donate, and trash/recycle. Once you have gone through everything in that room, go through your sell pile and start pricing everything. Put it in a box and store it your basement, garage or corner of your office. Follow these steps for every room in your house (this may take a few weeks, but it is a great way to do a little “spring cleaning” as well).

2 - Price as you go (and price EVERYTHING): You will miss out on sales by not putting a price on everything. Most people don't want to haggle over pricing... and they may feel too awkward to come up and ask you about the price. Make it easier on yourself by putting a price tag on each item... it makes it easier for your customers too! As for pricing, try increments of 25 cents. This makes it easy to do the math and have adequate change on hand. Remember, this is all stuff you would probably just donate to charity and want to get rid of anyway, so any profit is great! If you want to

price items a little higher for haggle room, that is fine, but it is recommended that you go with your rock bottom price.

3 - Location, Location, Location: Your garage sale location is extremely important! Make sure you are in a high-trafficked residential neighborhood. If you don't live in a high-trafficked neighborhood, consider teaming up with a friend or family member who does!



4 - Multiple families: Consider partnering up with another family or two. This will help you all share the work load and is great for advertising your sale (people know you will have more stuff to shop). Each family can use different colored pricing stickers in order to keep track of sales. Write down each sale on a notepad and tally up each family's profits at the end of the day... easy and painless!

5 - Don't bring everything: Too many items (like clothing and books) can overwhelm people... there is such a thing as garage sale fatigue! Choose some of your highest quality items, mark them up higher, and sell those - donate the rest.

6 - Use Craigslist: Be sure to advertise your garage sale online. Craigslist works great! Include photos of your big selling items to draw attention. Be sure to include the dates, times and location. Also, if you have higher

priced items you are worried about people up and walking away with (jewelry, DVD box sets, designer clothes), consider extending your garage sale online and posting them on Craigslist.

7 - Signage: Most people will find your sale by driving by one of your signs. Good signs have these three things - highly visible, are at every intersection within a radius of your sale, and are simple (arrow, address, and date/time).

8 - Organize: Have several tables, shelves, and boxes on hand to display your items. Categorize and make them easy for people to see. It makes the shopping experience much more pleasurable.

9 - Snacks: People who are out going to garage sales often times make a day of it. They are bound to get hungry and thirsty along the way, so you can make some extra money by selling snacks at your garage sale. Fruit, chips, muffins, granola bars, coffee and water are all easy ideas and could earn you some extra bucks, too!

10 - Have a plan for stuff that doesn't sell: Decide early on what your strategy is for stuff that doesn't sell. Do you want to keep it? Donate it? Give it to friends? Sell it online? Having a plan of attack will keep you from bringing all the things you so carefully cleaned out of your house back in again!

You can now find
Max Meyers Law
on Nextdoor.com!

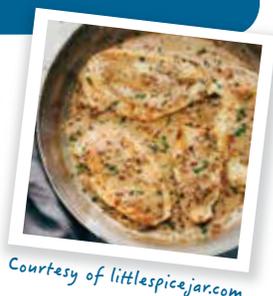


Thank you for recommending us to your neighbors, friends, and family.

Shelly's RECIPE CORNER

A restaurant quality meal with a few simple ingredients!

SKILLET CHICKEN IN BALSAMIC CARAMELIZED ONION CREAM SAUCE



Courtesy of littlespicejar.com

Ingredients

- 4 small boneless, skinless chicken breasts (or thighs)
- Salt and pepper
- ½ teaspoon garlic powder
- 1 tablespoon olive oil
- ½ cup finely chopped onions
- 2 tablespoons butter
- ½ teaspoon fresh thyme
- Pinch of red pepper flakes
- 1 teaspoon sugar
- 2 teaspoons balsamic vinegar
- ½ cup chicken broth
- ½ cup heavy cream

Directions:

Cook the chicken: season both sides of the chicken breast with salt, pepper, and garlic powder. Heat the oil in a large skillet over medium-high heat and cook the chicken all the way through. Remove the chicken to a plate.

Caramelize the onions: add the butter to the skillet along with the onions. Push the onions around the pan so they pick up all the flavor bits left behind by the chicken, lower the heat to medium-low and allow the onions to cook for 12-15 minutes, stirring them as needed to prevent from sticking. The onions are done when they soften completely and deepen in color. Add the thyme, red pepper flakes, sugar, and balsamic vinegar. Let the vinegar cook out for a couple of minutes.

Make the sauce: Grab a whisk for this next step. Slowly pour in the chicken broth in a steady stream while you whisk, this will help deglaze the pan. Kick the heat up to high and let the sauce reduce for 2-3 minutes or until it thickens a bit. Once the sauce reduces, lower the heat again, and add in the cream. You don't want the cream to start boiling immediately as it will cause the sauce to split. Let the sauce come to a gentle simmer. Once it comes to a simmer, add in the chicken breasts and spoon the sauce on top. Serve immediately. The sauce will thicken as it sits so you may need additional broth to thin it out.

TIP: This makes just enough sauce for the chicken. If you want more sauce to serve with veggies or rice, I suggest doubling everything on the ingredient list, starting from the chopped onions all the way down to the heavy cream. Enjoy!

WASHINGTON STATE MOTORCYCLE PASSENGER LAWS

Several state statutes in Washington apply to motorcycle passengers. In addition, towns, cities, and counties are allowed to enact their own regulations as long as they are at least as strict as the state laws and do not conflict with them.



The following are important motorcycle passenger laws in Washington State that all riders and passengers need to know.

Can a Motorcyclist With an Instruction Permit and Not a Full Motorcycle Endorsement Ride With Passengers?

No. Riders who have instruction permits cannot carry passengers on their motorcycles. They are also not allowed to drive at night, with or without passengers.

Do Motorcycle Passengers Have to Wear Helmets?

Yes. Everyone riding on a motorcycle in the state of Washington must wear a Department of Transportation (DOT) compliant helmet.

This includes motorcycle operators and passengers.

The Washington State Department of Licensing recommends full-face helmets to protect your face and chin as well as your skull in the event of a crash. Head injuries cause more fatalities than any other motorcycle accident injury.

Are There Exceptions to the Law That Requires Passengers to Wear Helmets?

Yes. Riders and passengers do not have to wear helmets if:

- They are riding an antique motor-driven cycle; or
- The vehicle has a steering wheel, compliant seat belts, and a certified, conforming seating area for the driver and passenger that is completely or partially enclosed.

Do Motorcycle Passengers Have to Wear Eye Protection?

Washington State law dictates that motorcycles have a windshield unless the operator is wearing glasses, goggles, or a face shield.

Is There an Age Requirement for Motorcycle Passengers in Washington?

Yes. You are not allowed to take a passenger under the age of five on a two or three-wheel motorcycle in Washington.

Does a Motorcycle Have to Include Special Equipment to Carry Passengers?

Yes. Passengers can only legally ride on motorcycles that have dedicated passenger seats and either footboards or pegs. Passengers are supposed to keep their feet on the footboards or pegs at all times.

All riders must keep their feet on opposite sides of the bike. In other words, no riding "side saddle."

Also, motorcycles have weight limits for safe operation. The driver might need to adjust the air pressure in the tires or the bike's suspension to carry a passenger.

Are There Rules for Passengers Who Ride in Sidecars?

Yes. When a motorcycle with an attached sidecar is carrying only one passenger, the passenger should sit in the sidecar, not behind the driver on the motorcycle, to prevent tilt. If the motorcycle is carrying two passengers, the heavier one should ride in the sidecar and the lighter-weight passenger should ride behind the driver on the motorcycle.

Will Non-Compliance With Washington State's Motorcycle Passenger Laws Affect an Accident Claim?

It depends. Failure to follow motorcycle laws or laws pertaining to passengers could affect the outcome of an accident claim. If the passenger's behavior or failure to comply with the law caused or directly contributed to the accident and injuries, then yes, the violations may affect the outcome of an accident claim.

Those involved in a wreck and who wish to pursue compensation should consult a motorcycle accident lawyer to review the specifics of their case.

How Does a Motorcycle Passenger's Negligence Affect Compensation in an Accident Claim?

It depends on whether the passenger's negligence caused the wreck. If the passenger was negligent but the behavior did not lead to the accident or contribute to injury severity, then the passenger's negligence may not be relevant.

For example, the passenger was not wearing a helmet and suffered a broken leg when a car ran a red light and struck the motorcycle. Failure to wear a helmet did not cause the wreck and a helmet would not have prevented a broken leg. Therefore, the passenger's non-compliance with motorcycle helmet laws most likely does not affect compensation.

If, on the other hand, the passenger was engaging in horseplay, which led to an accident, the passenger's negligence may reduce the amount of compensation the passenger can recover for injuries. This is called **comparative negligence**.

Let's assume the passenger was 80 percent at fault and the motorcycle driver is 20 percent at fault. Washington's law on comparative fault will reduce her damages in proportion to the amount of her fault. So, if she had \$100,000 in damages, she would only get \$20,000 because she was 80 percent responsible.

If you suffered injuries in a motorcycle accident, Max Meyers Law can help. Please call us at 425-276-7804 to set up your free consultation.



MML - Summer Motorcycle Events



Where will you find the Max Meyers Law team this summer?! Come check us out at these amazing motorcycle events! Stop by our booth to say hi and be entered in drawings to win some cool prizes!



BIG BAD BIKE SHOW

LACEY, WA
JUNE 16TH



BIKERS AT THE BEACH

OCEAN SHORES, WA
JULY 27TH - 29TH



OYSTER RUN

ANACORTES, WA
SEPT. 23RD



MAX MEYERS LAW^{PLLC}

Where Accident Victims Get Help



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This newsletter is intended to educate the general public about personal injury, insurance claims and small business issues. It is not intended as legal advice. Every case is different. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.

June EVENTS CALENDAR

SCRAPBOOK EXPO JUNE 1 - 2

Scrapbookers will find classes, vendors, and crop parties at Stamp & Scrapbook Expo at the Washington State Fair Events Center in Puyallup. Visit www.scrapbookexpo.com/2018-expo-show-list/pu-18/ for more details.

SMALL TOWN FESTIVAL JUNE 2

Duvall Days closes Main Street to cars on Saturday for a 10:30 a.m. parade, craft and food vendors, live music, kids' activities, and a beer garden. Sunday includes only a pancake breakfast, races, and dairy tours. Free.

Visit www.duvalldays.org for more details.

SHEEPDOGS IN ACTION JUNE 7 - 10

Buy tickets in advance and bring a chair or blanket to watch trained dogs compete in the field at Vashon Sheepdog Classic, and visit the food and fiber-arts vendors.

Visit www.vashonsheepdogclassic.com.

GARDEN FESTIVAL JUNE 8 - 10

Sorticulture Garden Art Festival has garden art, display gardens, a plant sale, music, a food fair, and kids' activities at Legion Memorial Park. See park information for details. Free.

Visit www.everettwa.gov/823/Sorticulture-Garden-Arts-Festival.

PHOTOGRAPHY WEEKEND JUNE 9 - 10

PhotoFest offers free talks and workshops about photography, photo walks, and a chance to meet reps from the camera industry at Glazer's Camera. Free.

Visit http://www.glazerscamera.com/photofest for details and schedule.

WOODEN YACHT PARADE & TOUR JUNE 15 - 17

Watch a parade of classic boats enter Bell Harbor Marina on Friday 2-4 p.m. Wear soft-soled shoes to tour boats Saturday and Sunday at Classic Weekend at Pier 66. Free.

Visit www.portseattle.org/Marinas/Bell-HarborMarina/Pages/-classic_wkend.aspx.

TASTE OF TACOMA JUNE 22 - 24

Taste of Tacoma offers restaurant food, arts & crafts, live entertainment, a cooking show, and a beer & wine tasting at Point Defiance Park. Free admission and a free shuttle bus from Tacoma Community College.

Details can be found at www.tasteoftacoma.com.

BIKE RIDE AT NIGHT JUNE 29

The 15-mile Seattle Night Ride for age 18+ starts at Peddler Brewing, follows bike trails to Myrtle Edwards Park for snacks, and returns to the start for a party with a food truck, beer, and games. Requires helmet, headlight, tail light, and red rear reflector.

Visit www.cascade.org/rides-major-rides/seattle-night-ride.



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