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TURKEY TROT Races

Statistics show that the average person will consume 3,000 to 4,500 calories on Thanksgiving Day!

This year, before you sit down to a delicious Thanksgiving feast why not burn some calories by participating in one of these Turkey Trot races? The races are fun for all ages and a great way to spend time with family and friends. Don't be afraid to dress up and have fun with it!



November 18

Fairwood Turkey Trot

5K Fun Run, Walk & Food Drive in Renton

November 18

Tacky Turkey Sweater **5K at Green Lake**

November 23

Auburn Turkey Trot 5K Fun Run & Walk in Auburn

November 23

Gig Harbor Turkey Trot **5K in Gig Harbor**

November 23

Issaquah Turkey Trot 5K Fun Run & Walk in Issaquah

November 23

Thanksgiving Day 5K/10K/15K and Kids Dash in Magnuson Park

November 23

Montlake Turkey Trot

5K and Kids Run at the Arboretum

November 23

Norpoint Classic

5K and 2-mile in Tacoma

November 23

Tacoma City Turkey Trot

5K Run/walk and 1K in Proctor district

November 23

Thanksgiving Day Apple Cup
5K at Green Lake

What Clients are Saying about the MML Team...

"I had a good experience with Max regarding my settlement. I briefly explained to him about the case 4 months before I finished with my treatments because of my insurance wanted to settle with me. I refused and contacted Max. The team handled everything for me from that point onwards. I would recommend this law firm to any of my friends or family members."

- Korntika Srithananan

"I reached out to Max to get some help from a car accident I was involved in. Max and his team was amazing, took the worry and dealing with insurance away from me and they were on top of things from beginning to end. Thank You Max!"

- Joey Sumabat

Five Stars!







Max Meyers Law VIP Program



Become a VIP Member today and take advantage of our great benefits!

Email us at info@maxmeyerslaw.com or visit our website at MaxMeyersLawVIP.com!

November 11 Phinney Beer Tasting

Enjoy "10 tastes from 30 breweries and cideries" plus pub snacks. Phinney Center, 6532 Phinney Ave. N in Seattle. 21+ ages only. We've been several times and always find great beers!

Visit www.phinneycenter.org/beer/ for details.

November 16 - 18 Quilt & Craft Show

Quilt, Craft & Sewing Festival offers workshops, seminars, and fabric & supply vendors in the Showplex Building at Washington State Fair Events Center, 110 9th Ave. SW in Puyallup. Cost \$12

Visit www.quiltcraftsew.com/puyallup.html for tickets.

November 24 - 25 Snohomish Holiday Market

Browse 120 craft tables and food trucks during Holly Jolly Holiday Market at Thomas Family Farm, 9010 Marsh Road in Snohomish. Free.

Visit www.buzzingbeeevents.com/upcoming-events for details.

November 24 Nerdy Holiday Market

GeekCraft Expo Seattle Holiday Market promises "gifts for the geeks on your holiday shopping list" handmade by 100 vendors in Hangar 30 at Magnuson Park.

Visit www.geekcraftexpo.com/ for details.

November 26 Seattle Marathon

Join 15,000 people burning off Thanksgiving calories at the morning Seattle Marathon and Half Marathon that begin and end at Husky Stadium,

For details, visit www.raceroster.com/events/2023/67039/2023-uw-medicine-seattlemarathon-and-half-marathon.



Do You Drive Your Personal Vehicle for Work?

Do you have Business Coverage on your Auto Insurance?

A trend I have noticed lately by auto insurance companies centers around side hustles with your car.

Your car insurance is only meant to cover you when being used strictly for personal use, not any business use of any kind. I have seen denials of coverage for folks who drive for Uber or Lyft or even caregivers who drive clients to appointments and shopping.

Your car insurance company will view any type of driving activities where you are earning money work related and not covered by your normal auto insurance. What they expect is you to purchase additional insurance coverage for work related driving.

Some jobs require you to have auto coverage when you have to drive for work. What often gets missed is a specific recommendation or requirement that you get work driving/business coverage on your auto policy.

Auto insurance companies never miss an opportunity to make more money. However, the danger to your financial health is tremendous if you don't have this coverage. Talk to your insurance agent about the best way to protect yourself if you driving for work.

If you need any additional help, please feel free to give us a call and Max can give you some guidance or answers any questions.



Shelly's RECIPE CORNER

CHEESY HASH BROWN CASSEROLE

Who doesn't love a good brunch? This is a perfect part of any brunch or even dinner!

Ingredients:

- 6 Tbsp. unsalted butter, plus more for pan
- 1 small onion, finely chopped or coarsely grated
- 1/4 cup all-purpose flour
- 21/2 cups whole milk
- 1 cup sour cream
- 2 tsp. Diamond Crystal or 1¼ tsp. Morton kosher salt
- ½ tsp. freshly ground black pepper
- ¼ tsp. garlic powder
- 130-oz. package frozen shredded hash browns, thawed
- \bullet 10 oz. sharp cheddar, coarsely grated (about 2% cups), divided

Directions:

Preheat oven to 350°. Butter a 13" x 9" baking dish.

Melt 6 Tablespoons of unsalted butter in a medium saucepan over medium-high heat until foaming, about 2 minutes. Cook 1 small onion, finely chopped or coarsely grated, stirring often, until softened and translucent but without taking on any color, about 3 minutes. Sprinkle ¼ cup all-purpose flour over and stir until evenly distributed and no lumps remain. Pour in 2½ cups whole milk in a slow, steady stream, whisking constantly until combined. Bring to a simmer, still whisking constantly, and cook until béchamel is thickened to the consistency of a thin pudding, about 4 minutes. Transfer to a large bowl.



Add 1 cup sour cream, 2 tsp. Diamond Crystal or 1¼ tsp. Morton kosher salt, ½ tsp. freshly ground black pepper, and ¼ tsp. garlic powder, to béchamel and mix well. Add one 30-oz. package frozen shredded hash browns, thawed, and 2 cups coarsely grated cheddar and mix again to combine. Scrape mixture into prepared dish and spread into an even layer. Scatter remaining ½ cup coarsely grated cheddar over.

Bake hash brown casserole until golden brown on top and bubbling, 50-70 minutes. Let cool 5-10 minutes before serving.



Where Accident Victims Get Help













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Looking for Some Sun?

HOW ABOUT KONA, HAWAII?

Shelly and I took a trip to Kona last month with my sister-in-law's family. We have been to Oahu and Maui many times, but this was our first visit to the Big Island. First impressions were great, nice and sunny right off the plane. Kona is on the drier side of the island, so sunny most days.

The City of Kona was small and clustered pretty well together, making it walkable. Kona is right on the waterfront as well so many of the restaurants and bars have amazing water views, which we love. There are also lots of restaurant bars that have live music daily, which again is high up on my make me happy meter. The food was ok, we didn't find anything that blew our minds but the water views and sun more than made up for it.

Kona is the home of the Ironman competition, which was gearing up while we were there. Lots of bicyclist and runners all over the place. It was cool to see the course markers in the water from the start/finish area. All I can say is wow, they swim a very long way in the open ocean.

We drove to Hilo on the other side of the island. Hilo seemed like a bigger city and much greener. They get much more

rain than Kona, but we didn't experience that luckily. On the way

to Hilo we stopped at a green sand beach, one of four green sand beaches in the world. The access was rough offroad terrain that we were happy we paid a local for a ride to and from. The folks hiking the 6 miles round trip looked miserable! I took a couple of pics. It was an unexpectedly memorable experience for all of us and would recommend it if you go.

Overall, I enjoyed the Big Island and would go back again. My favorite still remains Maui, but I always have to remain open to new experiences. Never know when you'll find a new favorite.

Happy travels!









