



MAX MEYERS LAW **SPOKE & WHEEL**



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School Safety: Tips for Parents and Drivers



As kids head back to school—and for some, start school for the very first time—it's natural for parents to feel a mix of excitement and concern. The start of the school year brings new routines, new experiences, and new worries about your child's safety. Whether it's crossing the street, waiting for the bus, or walking through busy parking lots, there are daily risks that kids face on their way to and from school. Here are some essential safety tips for both parents and drivers.

Tips for Parents to Keep Kids Safe

Teach Road Safety: Make sure your child knows to stop, look, and listen before crossing any street. Remind them to always use crosswalks and obey traffic signals.

Bus Stop Safety: If your child rides the bus, instruct them to stand back from the curb and wait until the bus comes to a complete stop before boarding.

Stranger Awareness: Talk to your child about the importance of not talking to strangers or accepting rides from anyone they don't know.

Walking in Groups: If possible, arrange for your child to walk with a friend or in a group. There's safety in numbers, and it's more fun!

Know Their Route: Make sure your child's route to school is safe and well-traveled. Avoid shortcuts through isolated areas.

Tips for Drivers to Protect Our Kids

Slow Down in School Zones: Always reduce your speed in school zones and be prepared to stop for crossing guards and children.

Watch for Pedestrians: Kids can be unpredictable. Stay alert for children crossing the street, especially near bus stops, parks, and residential areas.

Be Cautious Around Buses: When a school bus stops and its lights are flashing, drivers must stop. This is the law and is crucial for the safety of children getting on and off the bus.

Avoid Distractions: Keep your eyes on the road and avoid distractions like texting or eating while driving.

Use Extra Caution in Parking Lots: Be vigilant when driving through parking lots near schools, where kids may unexpectedly dart between cars.

We're Here When You Need Us

Even with the best precautions, accidents can happen. If your child or a loved one is injured due to someone else's negligence, it's important to know your rights. At Max Meyers Law, we're committed to fighting for families and helping you get the justice and compensation you deserve. If you need assistance, don't hesitate to reach out to us. Contact us today at **425.276.7804** to discuss your potential case. Together, we can help keep our kids safe and ensure they have a successful school year.

Travel Tips

During the Holidays

Everyone knows traveling during holidays is crazy busy and inevitably packed with challenges. Here are a few tips to make your travels as smooth as possible.

TIP 1 Arrive at Airport earlier than normal, at least 2.5 hours before departure time.

TIP 2 Save your place in the TSA line in advance with the SEA Spot Saver - <https://sea.clearme.com/> or the flySEA app.

TIP 3 Travel on off-peak days - avoid travel the day before or the day after the holiday.

TIP 4 Bring snacks - having food you're used to eating can keep your stomach settled when travel stress ramps up.

TIP 5 Fly Direct - more stops equals more chances winter weather messes up your trip.

TIP 6 Splurge on lounge access. Sometimes the complimentary food and drinks actually make this a very smart decision.

TIP 7 Don't over pack; bring just a small carry on. Carrying a heavy bag in winter weather is no fun. If checking a bag, consider getting an AirTag to track your bag if it gets lost.

Have a fantastic time celebrating this holiday season with friends and family!

Turkey Trot Races

Statistics show the average person will consume 3000 to 4500 calories on Thanksgiving Day!

This year, before you sit down to a delicious Thanksgiving feast, why not burn some calories by participating in one of these Turkey Trot races. The races are fun for all ages and a great way to spend time with family and friends. Don't be afraid to dress up and have fun with it.



Nov. 17 - Tacky Turkey Sweater at Green Lake
www.run2bfit.com/tacky-turkey-sweater-5k

Nov. 28 - Auburn Turkey Trot at Sunset Park
www.runsignup.com/Race/WA/Auburn/AuburnTurkeyTrot5K

Nov. 28 - Gig Harbor Turkey Trot along the water
www.gigharborturkeytrot.com/

Nov. 28 - Issaquah Turkey Trot in downtown Issaquah
https://fundraise.givesmart.com/e/Yw4_CA?vid=18jzuj

Nov. 28 - Thanksgiving Day in Magnuson Park
www.magnusonseries.org/race-day-info

Nov. 28 - Montlake Turkey Trot in the Arboretum
www.raceroster.com/events/2024/92872/montlake-turkey-trot

Nov. 28 - Norpoint Classic in Tacoma
<https://www.metroparkstacoma.org/event/norpoint-classic-2024>

Nov. 28 - Tacoma City Turkey Trot, Proctor District
www.tcmaevents.com/turkey-trot/

Nov. 28 - Thanksgiving Day Apple Cup at Green Lake
www.runsignup.com/AppleCup5K

Nov 9 Phinney Beer Tasting

Enjoy "10 tastes from 30 breweries and cideries" plus pub snacks. Phinney Center, 6532 Phinney Ave. N in Seattle. 21+ ages only. We have been several times and always find great beers.

Visit <https://www.phinneycenter.org/events/beer-taste-winter/>.

Nov 9 - 10 Geek Girl Convention

GeekGirlCon creates a community for women in science, technology, arts and literature, comics, and game design in The Conference Center at the Washington State Convention Center, 800 Pike St. in Seattle.

Visit <https://geekgirlcon.com/> for details.

Nov 14 - 16 Quilt & Craft Show

Quilt, Craft & Sewing Festival offers workshops, seminars, and fabric & supply vendors in the Showplex Building at Washington State Fair Events Center, 110 9th Ave. SW in Puyallup. Cost \$12

Visit <https://quiltcraftsew.com/puyallup.html> for details and tickets.

Nov 29 - 30 Snohomish Holiday Market

Browse 90 craft tables and shop from food trucks during Holly Jolly Holiday Market at Thomas Family Farm, 9010 Marsh Road in Snohomish. Free.

Visit <https://buzzingbeeevents.com/upcoming-events> for details.

November Events



Surveillance Tactics Used By Insurance Companies After Accidents

Do you feel like you're being watched but haven't seen anyone after an accident? Unfortunately, you're probably not being paranoid. The at-fault driver's insurance company could be using surveillance tactics to try to dig up damaging information to use against you in settlement negotiations.

Why the Insurance Company May Spy on You
Remember: an insurer is a for-profit business. They do everything they can to limit how much they pay on accident claims.

When an insurance company spies on you, here's what it might be looking for that could help it deny your claim or reduce the amount you deserve to be paid:

- You don't have a valid claim and are committing insurance fraud.
- Your injuries are less severe than you claim.
- You were partially or totally to blame for your accident.

How Could the Insurance Company Use Surveillance Tactics Against You?

There are many ways to protect your potential compensation by simply knowing what to expect. Here are the most common surveillance tactics:

- **Hiring a private investigator.** This could happen at any time during the claims process. A P.I. could follow you around or set up a

camera near your home to try to catch you engaging in activities you shouldn't be able to do if your injuries are as serious as you state. Is there a weird van with dark windows parked in the neighborhood?

- **Monitoring your social media.** An insurance adjuster or the P.I. could search your social media posts for statements you make that can be interpreted as an admission of guilt or showing you at locations doing activities that someone in your condition wouldn't be able to do. Make sure all accounts are private and can't be viewed by general public.

- **Interviewing various people.** The P.I. or insurance adjuster could also interview witnesses to the accident to try to gather proof of your fault in causing it. This includes your family, friends, and co-workers in an attempt to dig up damaging information they can use to dispute your claim.

4 Key Steps to Take If You Suspect Surveillance in Your Accident Case

The best way to protect yourself and your claim is to always assume the insurance company is spying on you - from the time you file a compensation claim until you reach a settlement. To continue to prove your injuries are legitimate and that you're following the letter of the law, here's what we recommend.

1. Follow Your Doctor's Treatment Plan

Always attend every doctor's appointment, get the recommended diagnostic tests, and go to all your physical therapy sessions. Why is this important? It shows your commitment to your health and will help you heal faster. In addition, you should follow your doctor's treatment plan and advice about working, the activities you can perform, and how much rest you need.



If you don't follow your physician's recommendations or have gaps in your medical care, the insurance company will use these circumstances against you. They'll likely argue that your actions are making your injuries worse or are proof that your condition isn't serious.

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Shelly's RECIPE CORNER

Pumpkin Bundt Cake

Thanksgiving is just around the corner. Is this the year you try something new in your Thanksgiving Feast?

Ingredients:

- 2 and 3/4 cups (344g) all-purpose flour
- 2 teaspoons baking soda
- 1/2 teaspoon salt
- 2 teaspoons ground cinnamon
- 1/2 teaspoon ground ginger
- 1/2 teaspoon ground cloves
- 1/2 teaspoon ground nutmeg
- 1/2 teaspoon ground allspice
- 1 cup (240ml) vegetable oil
- 4 large eggs
- 1 cup (200g) packed light or dark brown sugar
- 3/4 cup (150g) granulated sugar
- 1 15-ounce (425g) can pumpkin puree (not pumpkin pie filling)
- 1 teaspoon pure vanilla extract
- optional add-in: 1 and 1/4 cups semi-sweet chocolate chips or chopped walnuts/pecans

Directions:

Preheat the oven to 350°F (177°C) and grease a 10-12 cup Bundt pan.

Whisk the flour, baking soda, salt, cinnamon, ginger, cloves, nutmeg, and allspice together in a large bowl. Set aside. Whisk the oil, eggs, brown sugar, granulated sugar, pumpkin, and vanilla extract together until combined. Pour the wet ingredients into the dry ingredients and use a mixer or whisk until completely combined. Fold in chocolate chips or nuts, if using. The batter is thick, and you'll have around 5 cups total.

Spoon/pour the batter into the prepared Bundt pan. Bake for 55-70 minutes or until a toothpick inserted into the cake comes out clean with

just a couple lightly moist crumbs. This is a large, heavy cake so don't be alarmed if it takes a little longer in your oven.

Once done, remove from the oven and allow to cool for 2 hours in the pan set on a wire rack. Then invert the slightly cooled Bundt cake onto a wire rack or serving plate/cake stand.

Allow to cool completely before drizzling with topping/icing and serving.

Cover leftover cake tightly and store at room temperature for a couple days and/or in the refrigerator for up to 5 days.



Recipe courtesy of www.sallysbakingaddiction.com



MAX MEYERS LAW^{PLC}

Where Accident Victims Get Help



VETERANS DAY

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Surveillance Tactics Used By Insurance Companies After Accidents

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2. Understand Your Rights

While an insurer can use surveillance tactics to spy on you in public, it can't take advantage of your privacy. This means the P.I. or whoever else is capturing information isn't allowed to go into your home to watch you or creep up to a window to take damaging photos or videos of you.

3. Limit What You Say on Social Media

Ideally, you should stay off social media completely after your accident until we can settle your claim. However, we understand that you may not be willing to be so cut off from your family and friends. Here are ways to protect yourself:

• **Don't discuss the accident or your injuries.** While it may be tempting to keep your family and friends updated about what happened to you, don't talk about anything related to the incident or your condition

online. An adjuster could use even seemingly innocent statements, like "I'm sorry," against you.

• **Limit the activities you post about.** You also shouldn't share photos or posts about activities you shouldn't be engaging in or locations where they happen, even if you aren't participating. For example, if you go to a bowling alley for a birthday party and only eat and drink, posting that you're there might imply that you also participated in the physical activity.

• **Be careful who you friend.** Don't accept friend requests from people you don't know. An adjuster or P.I. could be trying to gain more access to your posts.

• **Don't let friends and family post about you.** You should warn your friends and family that the insurance company could

also search their social media channels. Ask them not to share anything about you or tag you in photos.

4. Hire an Attorney

One of the best ways to protect yourself is to retain Max Meyers Law as soon as possible after your accident. During a free consultation, we'll review your case and help you take other steps right away to protect your rights. We will also fight hard to obtain the settlement you're entitled to—or a favorable verdict if we must take your case to a jury trial.

You can reach us at **425.276.7804** for a no obligation call.



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