

SEPTEMBER 2015

MAX MEYERS LAW SPOKE &WHEEL

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GREAT IDEAS for Preparing Your Garden for Winter

Winter is right around the corner, so it's time to put those summer vegetable and flower gardens to bed. Here are a few basic ideas that Shelly uses to prepare her garden for a long winters nap.

First, Shelly likes to make notes of how the garden did. Mostly she takes photos on her phone throughout the summer so she can see what plants did well and where and what area of the garden got the most sun. This helps her improve her garden each year.

After your last harvest remove all dead plants, leaves, weeds and any plant matter left behind. If it's healthy put it in your compost. If it appears diseased or infested with bugs discard or burn it.

Now that you have a clean garden it is time to dig or till the garden. This helps clear out insects that like to hide in the soil until spring. This also helps prepare the soil for next spring which will give you a head start on your planting.

Add a layer of compost, manure or other organic matter and then cover with a layer of straw or other material. No matter what you use there should be four to six inches. The organic matter will slowly decompose as it protects the soil from freezing and unfreezing in the winter months.

For her flower pots Shelly likes to use fallen leaves to cover them. Move any pots into your garage or garden shed that you fear might crack or break if they freeze.

Following these easy steps will protect your garden during winter and make spring planting a little bit easier.



There are many ways to winterize your garden and depending on how big and extravagant your garden is you may want to research other tips and techniques to ensure the best winterizing for your garden.



You got to **FULLY COMMIT** to bring these ideas to your Home Tailgate Party before each Seahawk Game!!

GRILLING IS FOR ROOKIES

If you want to go pro a Smoker is the only answer to meat preparation. Nothing beats apple wood smoked chicken, ribs, pulled pork or my favorite beef brisket. My mouth is watering just thinking about it!



WHEN IT COMES TO GAME DAY BEVERAGES, CANNED BEER IS STRICTLY FOR COLLEGE DAYS.

One word - Kegerator! Cold draft beer on tap at home...enough said!

ATMOSPHERE MUST BE ON POINT.

No one wants to see fancy tablecloths and silverware. Folding tables with team logo, solo cups, plastic silverware and paper plates are required. Team gear must be worn and team flags hung prominently.



SIDE DISHES NEED TO BE EQUALLY ON POINT.

Don't just open a jar of salsa and dump it in a bowl. Take the time to prepare it yourself. Make your own guacamole or dip. Fresh, made from scratch, food is what next level tailgating is all about. You don't have to go crazy, just have one or two amazing dips for the chips.



HUGE HD TV THAT CAN BE SEEN FROM ALL ANGLES.

There's nothing better than a Plasma TV, but they're harder and harder to find these days. A good LCD HDTV can be found. Samsung 1080p LED LCD TV is a good choice for my money.



The laws surrounding car accidents in Washington can get pretty complicated at times.

What happens if you are a passenger in an accident and need coverage for your medical bills? Can you sue the driver of either car involved?

Yes, you look to both the defendant driver and your own driver for coverage for your injuries. And in some instances, you may have additional coverage under your own automobile policy. Now exactly who pays and how much will depend on the nature of the case.

1 - The at-fault driver's insurance will not pay for your medical bills as you attend treatment. They generally only pay once in exchange for a full release of every claim past, present and future. You would look to Personal Injury Protection (PIP) for the car you were riding in first. **2** - If no PIP coverage on the insurance covering that vehicle, then you would look to your own auto insurance for PIP cover-

age. **3** - If no PIP on either, then the last line of medical payment is usually your health insurance.

In an accident you have multiple sources of insurance coverage to look to, and you should have an experienced attorney help you decide how to proceed. If you were the passenger of a vehicle in an accident and were injured, please give us a call at **425.276.7804**. We have free books we'd like you to have, and we treat everyone with professionalism, enthusiasm, and respect, whether they need our services or not.

Shelly's RECIPE CORNER



Photo courtesy of Make it Better

Panna Cotta with Bacon & Blueberry Sauce

INGREDIENTS

Sweet

Corn

For the Panna Cotta

- 3 tablespoons cold water
- 1 (1/4-ounce) envelope unflavored gelatin
- ³/₄ cup whole milk
- 3 ears sweet corn, husked, with kernels removed from the cob ¼ cup sugar
- 1 cup heavy cream

For the Bacon and Blueberry Sauce

- 3 strips thick-sliced bacon, coarsely chopped 1 cup blueberries
- ½ cup sugar

DIRECTIONS

Make the panna cotta: Pour the cold water into a large bowl and sprinkle the gelatin over the top. Set aside.

In a medium-size saucepan over medium heat, combine the milk, corn, and sugar. Bring to a simmer and simmer for 5 minutes without boiling. Remove from the heat and let cool slightly. Pour the mixture into a blender, pulse until smooth, and strain through cheesecloth back in the saucepan. Add the cream, heat over medium heat and simmer for 10 minutes.

Pour the cream mixture over the gelatin. Stir until all the gelatin is dissolved. Pour into six 4-ounce jars. Cover and refrigerate for 4 hours, or overnight, until the panna cotta is firm.

Make the sauce: In a medium-size frying pan over medium heat, fry the bacon pieces until crisp. Remove the bacon using a slotted spoon and drain on paper towels. Add the blueberries and sugar to the bacon grease in the pan. Continue to cook over medium heat, stirring frequently, until a thick sauce forms. Remove from the heat.

Spoon the blueberry sauce over the billed panna cotta. Sprinkle with the bits of bacon. Serve immediately.





NIGHT MARKET & AUTUMN MOON FESTIVAL Sept 12

Night Market & Autumn Moon Festival has 20 food trucks, a beer garden, vendors, and all-ages dance party at Union Station Plaza near Chinatown. Free.

Visit www.mobilefoodrodeo.com for more details.

SAN GENNARO FESTIVAL Sept 11 - 13

Enjoy Italian cuisine, a beer and wine garden, an Italian-American band, and a kids' area at the San Gennaro Festival on Angelo St. in Georgetown. Free.

Visit the www.sangennarofestival.com for more details.

HOPS & CROPS BREW FESTIVAL Sept 12

Hops & Crops Brew Festival features craft beer, live music, barbecue, and craft vendors at Mary Olson Farm in Kent. Bring age 21 ID.

Visit www.wrvmuseum.org/hopsandcrops.html for details and schedule.

LIVE ALOHA HAWAIIAN CULTURAL FESTIVAL Sept 13

Live Aloha Hawaiian Cultural Festival has songs, performances, films, historical exhibits, food, and traditional arts and crafts at Seattle Center. Free.

For details and information visit **www.seattlelivealohafestival.com**.

RIDE AROUND THE SOUND Sept 19

Ride Around The Sound has three starting points from Seattle to Tacoma totaling 38, 73, or 92 miles.

Visit www.ridearoundthesound.com for details.

LUMINATA Sept 23

Celebrate the equinox with a fire performance and Luminata parade of lights that begins at Green Lake Small Craft Center (south end of the lake). Free.

Visit www.freemontartscouncel.org for details.

VINO IN THE VILLAGE Sept 25

Visit 14 local businesses to taste wine from 14 wineries at Vino in the Village in Magnolia.

Details can be found at www.magnoliachamber.org.

XPLORE SEATTLE Sept 26

XPLORE Seattle is a 5K race to solve clues and complete challenges as you travel around the city.

Visit www.xperienceadventures.com for more details.

FREE ENTRANCE DAYS IN THE NATIONAL PARKS Sept 26

Entry is free at Mount Rainier and Olympic National Parks on Free Entrance Days in the National Parks. Go early to avoid lines and find parking.

More details can be found at www.nps.gov.





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CONTEST UPDATE

Sheri Madlin and Jack Lewis won tickets to Seahawks Training Camp. Sheri, husband JD, and two friends (see picture) attended training camp on August 8th.

Jack was on a charity ride, Veterans Charity Ride to Sturgis, but sent his friend Rolf Vitous in his place. They all had a fantastic time!

Did you miss the contest? Are you signed up to receive our newsletter? If not, sign up today to make sure you get the emails about future Max Meyers Law contests. To sign up to receive our e-newsletter, email us at **info@maxmeyerslaw.com**, include your full name and email and we will put you on our list.



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