



# MAX MEYERS LAW **SPOKE & WHEEL**



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## TURKEY TROT RACES



Statistics show the average person will consume 3,000 to 4,500 calories on Thanksgiving Day!

This year, before you sit down to a delicious Thanksgiving feast why not burn some calories by participating in one of these Turkey Trot races. The races are fun for all ages and a great way to spend time with family and friends. Don't be afraid to dress up and have fun with it!

November 19  
Fairwood Turkey Trot  
5K in Renton

November 24  
Tacoma City Turkey Trot  
5K/1K in Proctor district

November 19  
Tacky Turkey Sweater  
5K at Green Lake

November 24  
Woodinville Turkey Trot  
5K in Woodinville

November 24  
Issaquah Turkey Trot  
5K in Issaquah

November 24  
Mukilteo Turkey Trot  
5K & 10K in Mukilteo

November 24  
Magnuson Series: Turkey Trot  
5K/10K/15K in Magnuson Park

November 24  
Bainbridge Island Turkey Trot  
5K & 1 Mile Fun Run in Battle Point Park

November 24  
Norpoint Classic  
5K/2-mile in Tacoma



## FREE INSTANT DOWNLOAD

Discover the secrets insurance companies don't want you to know.

Get Max's book **The Ultimate Guide to Car Accident Cases in Washington: Car Accident Secrets Unlocked.**

Go to our website [www.WaCarAccident.com](http://www.WaCarAccident.com) to get your free download now or call **425.276.7804** to have a copy mailed to you.



## What Clients are Saying about the MML Team...

"Absolutely no regrets other than wishing I called earlier! After getting cut off by a car while on my motorcycle, I was left with plenty of scratches and a totaled bike. Being in the Military I felt like I had to settle my case ASAP.

I received a ridiculous offer from an unresponsive insurance company which had me on the search for help. Luckily, I was pointed in the direction of Mr. Meyers and his team. After calling them, I felt like my case was on auto pilot - never had to stress out again.

Even after PCS'ing to Korea, they kept me updated until the very end. Max Meyers Law helped us get more than 23x our original settlement offer! The most professional and experienced team I had the pleasure to work with. Thank you for everything Meyers Law!"

- Ozzy B.



## Max Meyers Law VIP Program



**Become a VIP Member today and  
take advantage of our great benefits!**

Email us at [info@maxmeyerslaw.com](mailto:info@maxmeyerslaw.com)  
or visit our website at  
[MaxMeyersLawVIP.com!](http://MaxMeyersLawVIP.com)

## November Events

### November 12 Phinney Beer Tasting

Enjoy "10 tastes from 30 breweries and cideries" plus pub snacks. Phinney Center, 6532 Phinney Ave. N in Seattle. 21+ ages only. Cost \$37. We've been several times and always find great beers!

Visit [www.phinneycenter.org/beer/](http://www.phinneycenter.org/beer/) for details.

### November 17 - 19 Quilt & Craft Show

Quilt, Craft & Sewing Festival offers workshops, seminars, and fabric & supply vendors in the Showplex Building at Washington State Fair Events Center, 110 9th Ave. SW in Puyallup. Cost \$12

Visit [www.quiltcraftsew.com/puyallup.html](http://www.quiltcraftsew.com/puyallup.html) for tickets.

### November 25 Tree Lighting at Westlake Center

The Tree Lighting Celebration features Santa counting down to the lighting of the outdoor Christmas tree at Westlake Center, the light sculptures in Westlake Park and the Holiday Star. Free.

[www.downtownseattle.org/about/sponsorship/holidays/tree-lighting/](http://www.downtownseattle.org/about/sponsorship/holidays/tree-lighting/)

### November 25 - 26 Snohomish Holiday Market

Browse 120 craft tables and shop from food trucks during Holly Jolly Holiday Market at Thomas Family Farm, 9010 Marsh Road in Snohomish. Free.

Visit [www.buzzingbeeevents.com/upcoming-events](http://www.buzzingbeeevents.com/upcoming-events) for details.

### November 25 - 27 Nerdy Holiday Market

GeekCraft Expo Seattle Holiday Market promises "gifts for the geeks on your holiday shopping list" handmade by 100 vendors in Hangar 30 at Magnuson Park. Cost Friday \$15, Sat. & Sun. \$5, Free for ages 12 and younger.

Visit [www.geekcraftexpo.com/](http://www.geekcraftexpo.com/) for details.





# Improper Turn Car Accidents

Every motorist in Washington has a legal obligation to ensure that they drive with reasonable care. Unfortunately, some drivers do not respect the rules of the road. When people let impatience, road rage, or recklessness blind their sense of right and wrong, they endanger not only themselves but everyone around them.

## IMPROPER TURNS AND CAR CRASHES

When someone initiates a turn or enters an intersection without checking for oncoming traffic, they could cause a serious motor vehicle accident. Improper turns could have catastrophic consequences if a negligent motorist makes an improper turn.



### LEFT TURN

An improper left turn could occur when a motorist approaches an intersection and attempts to take a left turn without checking

for oncoming traffic, approaching bicyclists, or pedestrians moving through a crosswalk. While left-turn crashes are among the most common variety of intersection-related collisions, they can still have catastrophic consequences.

Motorcyclists are at especially high risk of sustaining serious injuries in left-turn crashes since inattentive drivers may not notice the comparatively small profile of an approaching motorcycle.

### RIGHT TURN

Washington law permits motorists to turn right at a red light after coming to a complete stop, provided that no pedestrians or other vehicles have the right-of-way. However, this relatively simple maneuver could cause an accident if the turning driver does not ensure that traffic has cleared before changing lanes or entering another road.

### U-TURN

U-turns are permissible only when such a movement can be made safely and without interfering with other traffic. Before attempting a U-turn, drivers should always look both ways to be certain that they are not endangering pedestrians, bicyclists, or other motorists.

### COMMON ACCIDENT INJURIES

The severity of an improper turn car accident could be dependent on several factors,

including but not limited to:

- The relative speed of both automobiles
- The relative size and weight of each vehicle
- The angle and point of impact

However, even though high speeds and other risk factors correlate with a greater risk of injury, even minor collisions can result in serious injuries, such as:



- Bruises and contusions
- Cuts and lacerations
- Broken and fractured bones
- Head and shoulder injuries
- Traumatic brain injuries
- Internal bleeding
- Herniated discs
- Whiplash
- Post-traumatic stress disorder

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## Shelly's RECIPE CORNER

# ROASTED BUTTERNUT SQUASH & BACON SOUP

### Ingredients:

- 1 butternut squash (about 3 pounds), peeled, seeded and cut in 1-inch chunks
  - 1 onion, diced
  - 1 red bell pepper, chopped
  - 4 slices bacon, diced
  - 2 tablespoons olive oil
  - 2 cloves garlic, minced
  - Kosher salt and freshly ground black pepper, to taste
- ### FOR THE SOUP
- 4 slices bacon, diced
  - 1/2 teaspoon dried thyme
  - 2 1/2 cups chicken stock, or more, to taste
  - 1/4 cup crumbled goat cheese
  - 2 tablespoons chopped chives

### Directions:

Preheat oven to 400 degrees F. Lightly oil a baking sheet or coat with nonstick spray. Place butternut squash, onion, bell pepper and bacon in a single layer onto the prepared baking sheet. Add olive oil and garlic; season with salt and pepper, to taste. Gently toss to combine.

Place into oven and bake for 25-30 minutes, or until butternut squash is tender, stirring at halftime.

Heat a large skillet over medium high heat. Add bacon and cook until brown and crispy, about 6-8 minutes. Transfer to a paper towel-lined plate to cool.

Heat a large stockpot or Dutch oven over medium heat. Add butternut squash mixture and thyme, and cook, stirring occasionally, until fragrant, about 1-2 minutes; season with salt and pepper, to taste. Stir in chicken stock and puree with an immersion blender.

Bring to a boil; reduce heat and simmer until slightly thickened, about 5-10 minutes. If the soup is too thick, add more chicken stock as needed until desired consistency is reached. Serve immediately, garnished with bacon, goat cheese and chives, if desired.

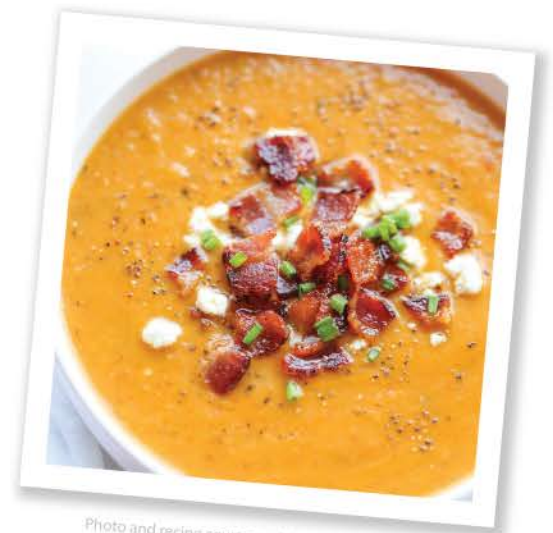


Photo and recipe courtesy of damndelicious.net





MAX MEYERS LAW<sup>PC</sup>

Where Accident Victims Get Help



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This newsletter is intended to educate the general public about personal injury, insurance claims and small business issues. It is not intended as legal advice. Every case is different. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.

# Improper Turn Car Accidents

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Some injuries have the potential to become chronic, long-lasting medical conditions. Whiplash, for instance, may not present any noticeable symptoms for days, weeks, or even months after an accident. However, once whiplash-related symptoms become apparent, they may be untreatable and could persist indefinitely.

**POTENTIAL DAMAGES AFTER A CAR CRASH**  
Washington state does not limit the damages that an accident victim could receive after a car crash. Your attorney can help you secure compensation for damages, including:

- Your past, present, & anticipated medical care
- Physical rehabilitation
- Prescription medication co-pays
- Reimbursement for paid care deductibles
- Lost income from work
- Lost wages or vacation time

- Physical disability
- Emotional pain and suffering
- Loss of enjoyment
- Disfigurement



While Washington does not cap car crash related damages, the Evergreen State does have a strict three year statute of limitations:

if you wait too long to contact an attorney, the court could dismiss your automobile accident claim without giving you a chance to even present evidence.

If you, a loved one, or friend have been in a vehicle accident cause by another driver, please call us before speaking with any insurance companies.

We are happy to provide a free consultation with no strings attached, call us at 425.276.7804 today.



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