

MAXPOWER LAW  
**ROAD & RUBBER**



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**How to Make and Keep your New Year's Resolutions**

As we embark on a new year we reflect on the past year and the goals or resolutions that we either achieved or maybe haven't fully accomplished yet. If you did not fulfill your resolutions from last year, don't fret, you're not alone.

Most people make resolutions but very few actually keep them. As you contemplate your resolutions for 2025, here are some tips that might help you be more successful in your New Year's resolutions.

**Don't overdo it with too many resolutions.** Pick just one or two resolutions to start, once you have achieved them you can always add more.

**Keep them small.** Make sure the resolutions you choose are ones that fit your lifestyle. If you make them too lofty you may find you give up on them too soon.

**Be specific.** For example instead of saying "I am going to exercise more" give it more detail, "I will work out on Tuesdays, Thursdays, and Saturdays for at least one hour."

**Write them down and pick a start date.** It has been shown that when you write your goals down on paper you are more likely to keep them. And if you give them a start date then you can start anticipating and preparing for it.

**Be prepared to change some habits or your lifestyle.** This can be one the hardest parts, but once you make the changes and stick to them, they will get easier and easier over time.

**Plan to give yourself a reward.** Whenever you achieve your resolution or even one part of it, reward yourself as a sort of pat on the back for a job well done.

**Accept failure.** Before you start, know that you will fall off the wagon at least once, if not more. That is OK. Don't be hard on yourself, put it behind you and start again or maybe change the resolution to something a little more doable.

Remember these tips are merely suggestions and things for you to try.

**Wishing you much success!**



**FREE INSTANT DOWNLOAD**

**Discover the secrets insurance companies don't want you to know.**

Get Max's book: *The Ultimate Guide to Motorcycle Accident Cases in Washington: Motorcycle Accident Secrets Unlocked.*

Visit our website at [www.WashingtonMotorcycle-Book.com](http://www.WashingtonMotorcycle-Book.com) to get your free download now or call **425.276.7804** to have a copy mailed to you.

# January is a Good Time to Review Your Insurance Coverage

We always recommend you shop your insurance every 2-3 years or if your insurance raises your rates after an accident where you had no fault. The sad reality is that there is no loyalty shown by insurance companies, you are simply a profit center. Always go with whom ever gives the best price for the best coverages.

USAA has the best rates most often but you have to have military ties to get it. Costco also has vehicle insurance available at good rates through a branch of American Family Insurance.

Many people often believe they have "Full Coverage" only to find out they did not. While "full coverage" is a term loosely thrown around by insurance companies, it is often misunderstood. The information below is designed to provide you with suggested coverage INCLUDING UNINSURED AND UNDER-INSURED COVERAGE, so that you are truly, "FULLY COVERED" and your family is minimally protected.

## PROTECTS YOU IF A CLAIM IS FILED AGAINST YOU:

Liability Coverage

Bodily Injury Limits:

- \$300,000 each person
- \$500,000 each accident

Property Damage Limits:

- \$100,000 each accident

## PROTECTS YOU IF THE VEHICLE CAUSING THE ACCIDENT HAS NO OR NOT ENOUGH INSURANCE:

Uninsured Motorist Coverage (UM) / Underinsured Motorist Coverage (UIM)

Bodily Injury Limits:

- \$300,000 each person
- \$500,000 each accident

## PAYMENT FOR YOUR MEDICAL BILLS:

Personal Injury Protection (PIP) or Medical Payments

- \$25,000 each person

## PROVIDES ADDITIONAL PROTECTION FOR CATASTROPHIC ACCIDENTS:

Umbrella Coverage with UM/UIM Coverage

- \$1,000,000 each accident

## PAYS FOR PROPERTY DAMAGE TO YOUR VEHICLE REGARDLESS OF FAULT OR CAUSE OF DAMAGE:

Collision & Comprehensive

Property Damage Limits:

- Equal to vehicle value

If you're not sure what coverage you have or what your need to change, please sign up for our VIP program to be eligible for a free insurance coverage review whenever you need it.

You can sign up to be a VIP on our website [www.maxmeyerslaw.com](http://www.maxmeyerslaw.com).



## Max Meyers Law VIP Program

**Become a VIP Member  
and take advantage of  
some amazing benefits!**

Email us at  
[info@maxmeyerslaw.com](mailto:info@maxmeyerslaw.com)  
for more information,  
or  
visit our website at  
[MaxMeyersLawVIP.com!](http://MaxMeyersLawVIP.com)

**Start 2025 out right,  
become a  
VIP member today!**

# January Events

## Jan 17 - 18 Taste of Eastern Washington

Taste of the Northwest includes six oysters plus 12 tastes of wine, beer, and whiskey, with live music and light appetizers at Campbell's Resort on Lake Chelan, 104 W Woodin Ave. in Chelan. Cost is \$93.

Visit <https://campbellsresort.com/event/taste-of-the-northwest-2025/> for details and schedule.

## Jan 17 - 19 Monster Trucks

Big trucks with big wheels make big noise and excitement at Monster Jam in the Tacoma Dome.

Visit <https://www.tacomadome.org/events/detail/monster-jam-2025> for details and schedule.

## Jan 23 - 26 Tacoma RV Show

Check out hundreds of recreational vehicles at the Tacoma RV Show in the Tacoma Dome.

For information, visit <https://www.tacomarvshow.com/show-information>.

## Jan 29 - Feb 2 Fishing, Hunting, Caping Show

Washington Sportsmen's Show has seminars and exhibitors at Washington State Fair Events Center, 110 9th Ave. SW in Puyallup. Children age 5 and younger are free.

Visit <https://www.thesportshows.com/shows/washington/showinformation/>.



# 9 Mistakes to Avoid in a Washington Pedestrian Accident Case

In recent years I've seen an uptick in pedestrian v car accidents. Taking the proper steps after such an accident can be critical to a good injury claim outcome. Below is a list of **nine mistakes** that could make it harder to obtain the damages you deserve from the negligent motorist's insurance company.

## 1. Not Contacting the Police

The at-fault motorist might try to convince you not to call the police, but agreeing to this is a problem. A law enforcement officer will investigate your pedestrian accident's cause and write a police report that can help us settle your claim. Useful, important information contained in the report includes:

- Details about how the accident occurred
- Statements from the driver, witnesses and you
- Photos and diagrams
- Officer's conclusions about who was at fault
- Any traffic citations issued to the motorist

## 2. Not Taking Care of Your Health

**You don't want to make the mistake of not getting the medical care you need because you think you can tough it out or don't believe you were hurt.** The reality is that you could have suffered internal bleeding, a spinal injury, a traumatic brain injury, or another hidden issue without immediate symptoms that could turn into a medical emergency if a doctor doesn't examine you right away.

In addition, an insurance adjuster could seize on the fact that you didn't get prompt medical care to argue your injuries were caused by

another incident or aren't very serious. Don't give them arguments they can use to dispute your claim.



## 3. Not Obtaining Contact Information

Not collecting the at-fault driver's and their insurance company's contact information makes it much harder to establish your claim. Even with all the best surveillance from traffic cameras or eyewitness accounts, it's vital to know who hit you and how to hold them responsible.

## 4. Not Preserving Evidence

If you're able, it's essential to compile evidence and documentation. This is often a challenge immediately after the accident, depending on the nature of your injuries, but any proof you can provide helps our team. Information valuable to your case includes:

- Photos and videos of the accident scene, any damage to the motor vehicle that struck you, and your injuries

- Eyewitness contact information
- All your accident-related medical bills
- Pay stubs and other proof of your wage losses

## 5. Talking to the Insurance Adjuster

If possible, limit your communications with an adjuster representing the negligent driver's insurer and avoid discussing the details of the incident and your injuries. Why is this important? You don't want to inadvertently say something the adjuster can use to deny your claim or drag out settlement negotiations.

## 6. Giving a Recorded Statement to At-Fault Party's Insurance Company

Another mistake some pedestrian accident victims make is to agree to this. Keep in mind that you're under no obligation to do so. Instead, politely refuse, tell the adjuster you're represented by legal counsel, and direct all future communications to our office.

## 7. Accepting a Quick Settlement

If an adjuster recognizes you have a strong claim, they may make an immediate settlement offer for far less damages than you deserve. Why are they doing this? They hope you'll accept it because you're vulnerable and experiencing the financial stress of trying to pay your medical and monthly bills when you're receiving a paycheck.

The insurance will have you sign a release that kills your case from that point forward. You should never accept a settlement offer without consulting us first. Consultations are free and can save you from a case killer mistake.

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## Shelly's RECIPE CORNER

# Mustard-Maple Pork Tenderloin

### Ingredients:

- 3 tablespoons Dijon mustard, divided
- ½ teaspoon kosher salt
- ½ teaspoon freshly ground pepper
- 1 pound pork tenderloin, trimmed
- 2 teaspoons canola oil
- ¼ cup cider vinegar
- 2 tablespoons maple syrup
- 1 ½ teaspoons chopped fresh sage

### Directions:

Preheat oven to 425 degrees F.

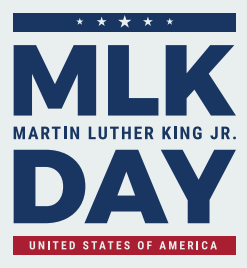
Combine 1 tablespoon mustard, salt and pepper in a small bowl; rub all over pork. Heat oil in a large ovenproof skillet over medium-high heat. Add pork and brown on all sides, 3 to 5 minutes. Transfer the pan to the oven and roast until an instant-read thermometer inserted in the center registers 145 degrees F, about 15 minutes. Transfer to a cutting board and let rest for 5 minutes.

Place the skillet over medium-high heat (take care, the handle

will still be hot), add vinegar, and boil, scraping up any browned bits with a wooden spoon, about 30 seconds. Whisk in maple syrup and the remaining 2 tablespoons mustard; bring to a boil, reduce heat to a simmer and cook until the sauce is thickened, about 5 minutes.

Slice the pork. Add any accumulated juices to the sauce along with sage. Serve the pork topped with the sauce.





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# 9 Mistakes to Avoid in a Washington Pedestrian Accident Case

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## 8. Missing Important Deadlines

If you miss crucial deadlines in your case, you could ruin your chances of obtaining damages from the insurance company. This is especially true if you don't file within the timeline of Washington's three-year statute of limitations to sue under RCW §4.16(2). Another case killer!

## 9. The Biggest Mistake: Not Hiring a Pedestrian Accident Lawyer ASAP

One of the top errors you could make is to go it alone and not hire Max Meyers Law.

With our guidance, you won't have to worry about these and other mistakes that could hurt your claim.

Other benefits our legal team provides you include:

- **Take over communications with the insurance company.** This simplifies the flow of information and gives you assurance that

everything is being handled correctly.



- **Collect evidence.** We preserve and gather proof relating to the cause of your accident and act quickly before it's lost, such as nearby store surveillance or traffic camera footage and eyewitness witness statements.
- **Negotiate your settlement.** Max Meyers offers you decades of experience helping

victims of car accidents and has multiple strategies to defeat the insurance company's tactics to dispute your claim. He'll fight hard to obtain the compensation you're entitled to in your settlement.

- **Litigate your case.** Whether through successful verdicts at jury trials or favorable out-of-court settlements, our previous clients can vouch for the value of our extensive experience to help you reach the best outcome.

If you, a loved one, or friend have been in a pedestrian accident caused by another driver, please call us before speaking with any insurance companies. We are happy to provide a free consultation with no strings attached, call us at **425.276.7804**.



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